

October 2023

# HARBOUR LIGHT

*The Original Magazine for the people of Huntington Harbour*

Volume LIII

Our 53rd Year in the Harbour

No. 5

*Huntington Harbour Boat Parade  
Grand Marshal Weikko Wirta & wife Jacki  
December 9 & 10, 2023*



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# HARBOUR LIGHT

For and about the PEOPLE of  
Huntington Harbour, since 1970

Published by Dorothy Ralphs

Volume LIII Number 5  
October 2023

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## On the Cover

Grand Marshal Weikko Wirta & wife Jacki, will be working hard to ensure a great Boat Parade. See his message on page 5. Cover photo by Patty Reilly

**HARBOUR LIGHT Magazine** is published for the people of Huntington Harbour. If you live in the Harbour and aren't receiving a copy by mail, please let us know. Address: Harbour Light Magazine, 16458 Bolsa Chica Street Box #507, Huntington Beach, CA 92649. Phone: (310) 874-2033, e-mail: [harbourlightmagazine@gmail.com](mailto:harbourlightmagazine@gmail.com).

## Wanderlust Ski Club

by Philip S. Lupton



Wanderlust Skiers in Telluride, Colorado, 2023.

### 2023 and 2024 Ski Adventures

The Wanderlust Ski Club will hold their first meeting of the year in September. Plans have already been drawn up for the 2024 ski season. Three club trips have already been initiated.

The first trip will be the latter part of January 2024 to Breckenridge Colorado. We will be staying at the Marriott Hotel in downtown Breckenridge. The lovely old style western town is a great place to ski and dine. The maintained ambience of Breckenridge makes it a great place to spend the evening and down time. Breckenridge is one of the largest ski resorts in north America and supplies the highest number of ski days of any resort.

The second trip of the year will be to Mammoth Mountain. This trip will be late February after the holidays. Hosted by the

Niedringhaus's at their lovely Mammoth home the trip is always a highlight of the year. We end out skiing as a group and meet every morning to begin the day. Organized ski dinners and lunches makes this trip a lot of fun.

The final Ski trip of the year is to Vail Colorado and runs from March 2nd to the 9th. The trip already has club chair persons and 25 people signed up. March is always a great time to ski Colorado. The weather is great on the snow is at it's deepest.

If you are a skier and are looking for a great group to ski with, I would invite you to contact our membership chairman and come to one of our meetings. They are held the third Wednesday night of each month September to June. Contact Suzanne Goldman at (714) 964-0837.

*Can't ski all the time.*



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If you wish to advertise in the magazine, phone us at **(310) 874-2033** or e-mail [harbourlightmagazine@gmail.com](mailto:harbourlightmagazine@gmail.com).

## DEADLINE for the Dec. issue is Nov. 1st

Please email articles and pictures to:  
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Or mail them to: Harbour Light Magazine,  
16458 Bolsa Chica Street Box #507,  
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# Huntington Harbour Philharmonic Committee

by Pamela Barthold



At the "Concert in the Park," L to R: Kim Weddon, CIP Sponsor Sean Stanfield, and Lauren Claus.

HHPC celebrated the end of summer by bringing music to our community with the annual Concert in the Park at Harbour View Park, presented by HHPC and sponsored by Sean Stanfield. A special thank you to event organizer Lolly McHardy with support from Madeline Fields, Kim Weddon, Lauren Claus, Jill Wicke and Karen Ridout, as well as bringing out our favorite Philharmonic Society's Music Mobile!

Enjoy a head start on your holiday shopping on **Friday, October 6 and Saturday, October 7** during our **16th annual HHPC Holiday Boutique** at Huntington Harbour Place. There will be an array of vendors selling

jewelry, clothing, home décor, olive oil and more. There will be an abundant display of prizes and a silent auction: Chargers tickets with parking, Sedona Adventure, Big Bear Escape, a diamond necklace, Pamper Me, Dine Around Town and many more!

Mark your calendar for the **Boat Parade on December 9 and 10 this year!** We look forward to seeing all of your amazing lights and decorations showing off this year's theme, "The Power of Music". We are thrilled to be welcoming our Grand Marshal Weikko Wirta as he leads the way through our channels to kick off the holiday season! Also, the waterfront and the off-water front decorating

contest are back with live judging! We need your support! For more information, to enter your boat or home, or to donate online, visit our website: [HHBoatParade.org](http://HHBoatParade.org). Donations are appreciated to making it all happen!

**The Cruise of Lights®**, a 50 minute narrated boat tour through the Harbour waterways, follows from December 16-23 (dark on December 19 & 20). This is our major fundraiser supporting the Philharmonic Society's Youth Music Education Programs. Tickets are on sale now at [www.cruiseoflights.org](http://www.cruiseoflights.org). Gift certificates for your favorite friends and service providers are available at [hppccruiseoflights@gmail.com](mailto:hppccruiseoflights@gmail.com).

Let the holidays begin! Keep up with all our latest news on Facebook at [cruiseoflightshhpc](https://www.facebook.com/cruiseoflightshhpc) or Instagram at @cruiseoflights. For more information or how to join one of the six Huntington Harbour Philharmonic Groups, call our office located in the Huntington Harbour Mall at (714) 840-7542 or email [hppccruiseoflights@gmail.com](mailto:hppccruiseoflights@gmail.com).

Spend your holidays in the Harbour with us beginning with the Holiday Boutique, the 61st annual Boat Parade and Cruise of Lights®!

L to R: Jill Wicke, Kim Weddon, Karen Ridout, Madeline Fields, Lolly McHardy and Lisa Barnes.



# Boat Parade Grand Marshal Message

by Weikko Wirta



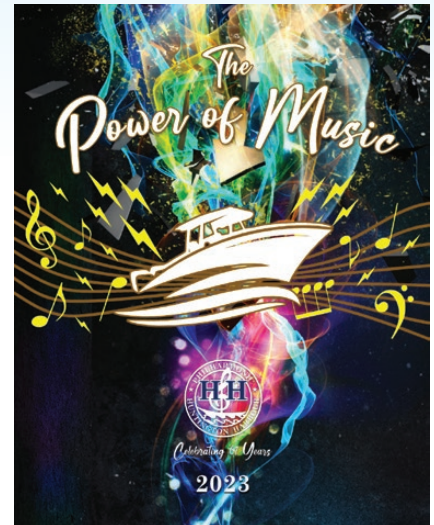
Grand Marshal Weikko Wirta

The Huntington Harbour 61st annual Boat Parade takes place on December 9 and 10th. It is a distinct honor to be the Grand Marshal for this historic and prestigious event. Few events in the area create this

level of excitement and community engagement. It is truly something to behold.

My wife and I have been longtime supporters of the Huntington Harbour Philharmonic Committee, supporting events and donating time but nothing is more rewarding than participating or viewing the Boat Parade itself. We have lived in Huntington Beach for 14 years and this event has been the highlight of our time here.

This year's theme is "The Power of Music." Music can provide motivation, comfort, and inspiration. Hopefully, this year's theme will inspire you to get on the water and show off your holiday musical spirit. The "Power of Music" theme provides participants the opportunity to show what their favorite music means to them – no matter what the genre.



This year's theme, "The Power of Music"

*Thank you for supporting the 61st annual Boat Parade on beautiful Huntington Harbour!*

[www.hhboatparade.org](http://www.hhboatparade.org) ~ December 9th & 10th



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# HHPC: Marina Windjammers

by Pamela Barthold



Members enjoying The "Concert in the Park".

HHPC was a proud sponsor of the concert in the park, bringing music to our community. A special thank you to our very own Jill Wicke, Karen Ridout for organizing the event with other HHPC members. It was perfect weather to sit out, have a delicious picnic, a glass of wine and enjoy the fun music played by the Ramsey Brothers' Band. We send our deepest condolences to Gregory Wray's family, his daughter Melanie Smith and Sister Beth Brandenburg for the unexpected passing of their father and brother that evening.

Mark your calendar for the boat parade on December 8 & 9th this year! We look forward to seeing all your amazing lights and decorations showing off this year's theme, "The Power of Music". We are thrilled to be welcoming our Grand Marshall Weikko Wirta as he leads the way through our channels to kick off the holiday season! Following with the Cruise of lights from December 16-23 (Dark on December 19 & 20)

The new slate of Marina Windjammers officers are excited to volunteer throughout

the year and bring you wonderful events. We would love to have you join us. Please feel free to contact us and come to one of our meetings on the 3rd Thursday of the month.

## Marina Windjammers Officers

*President* – Pamela Barthold

*Parliamentarian* – Karen Ridout

*Cruise of Lights* – Karen Ridout

*Membership* – Maggie VanEck

*Annual Fund* – Barbara Sentell

*Public Relations* – Pamela Barthold

*Boat Parade* – Roberta Swain

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– Susie Sampson

*Treasurer* – Sherry Skerik

*Grand Marshall Event*

– Joanne Fernbach

*Hospitality* – Bobbie Spiegel

*Committees Wide Liaison*

– Pamela Barthold

*Music Education/Music Mobile*

– Coralie Prince

*Music Education/Youth Programs*

– Carlone Herman

*Boutique* – Jill Wicke

*Juniors liaison* – Jill Wicke

# HHPC: Trinidad

by Evelyn Zohlen

As I'm writing this, the sun is setting on another busy summer of time spent with family and friends. Beaches, barbeques, and summer vacations fill our calendars and the Trinidad group goes "quiet" in our fundraising and volunteer activities on behalf of the Philharmonic. However, we never slow down when it comes to having fun and we never miss an opportunity to celebrate with our Trinidad friends. To wit, the lovely Linda Axel, our long-time member and stalwart volunteer, marked her 80th turn around the sun this summer and we were not going to let this milestone pass without an appropriate party. A (not so) rowdy group of revelers gathered at the Hyatt in Huntington Beach to whoop it up in Linda's honor. She shows us all how to live well and to make a difference and we're so happy to call her our friend. Happy birthday, Linda, and here's to many more!

Our group meets on the third Thursday of every month. The next meeting is



Trinidad celebrates Linda Axel on her 80th birthday!

October 13. Join us for food (a delicious lunch), fun (did I mention the rowdy ladies?), and good work done to raise funds for the Philharmonic and music programs for the schools in our community.

If you're interested in joining our fun-loving, hard-working group, please contact Ellen Martin at [elleninhuntington@yahoo.com](mailto:elleninhuntington@yahoo.com) for more information and membership details. We look forward to seeing you at a Philharmonic event soon!



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## Be Financially Literate!

Many people have a good grasp on their finances and the various types of financial assets, such as CDs, stocks, bonds, mutual funds, ETFs, and annuities. However, some folks are not as informed.

With married couples, there is often a division of duties that leaves one spouse less confident in financial decision-making. Commonly, one spouse handles the household tasks of paying the bills (day-to-day finances) while the other spouse handles the family's long-term investments. We have a few tips for how you can improve your financial education.

If you have a financial planner, both spouses should meet regularly with the planner so that the relationship is with the couple, not solely one spouse. We recommend you use a Certified Financial Planner™ professional because they must meet minimum requirements of education, experience, and testing to obtain their credential. In addition, a fee-only fiduciary advisor is required by law to place your interest ahead of their own.

Beware of media personalities that provide some fundamental advice, such as Suze Orman and Dave Ramsey. You need to recognize that they are performers, and their dogmatic approach gives the impression that their "advice" is right in all situations. To be clear, their advice is not necessarily bad or wrong. We consider them more entertainment and less tailored advice in the spectrum of financial education.

Here are a few trustworthy sources on the internet. First, [www.investopedia.com](http://www.investopedia.com) provides definitions of virtually any word, phrase or term used in the financial world. You can get free financial advice through organizations like the Foundation for Financial Planning ([www.ffpprobono.org](http://www.ffpprobono.org)) and the Financial Planning Association ([www.FPAOCprobono.org](http://www.FPAOCprobono.org)).

Here in Orange County, there are financial education workshops produced by the local nonprofit Financial and Estate Literacy, Inc. The "It's Your Money" series is presented at 9 different locations, including the Huntington Beach Senior Center on six-consecutive Wednesdays which started September 13 (thru Oct 15). Even if you miss the first few, you are welcome to attend the later ones. No sales pitches are allowed! You can check the schedules at [www.itsyourmoneyandestate.org](http://www.itsyourmoneyandestate.org), then click on Fall 2023 Schedule.

Improving your financial education helps you make sound financial decisions and can protect you from the unscrupulous people in the world of finance.

*The Huntington Beach office of Apella Wealth is a fee-only comprehensive financial planning firm that specializes in serving women-in-transition—particularly widows and divorcees. This article is intended solely for informational purposes and does not provide advice for your specific situation.*

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DISCOVERY MEETING

# HHPC: Admiralty

by Charmaine Rood

This past summer the monthly Anglers of Huntington Harbour TGIF was a wonderful venue to renew friendships that were neglected during the pandemic. Many of their members are members of one of the six groups that comprise the HHPC and other clubs or organizations.

We were very pleased to greet Richard and Alice Zamboni of the Frank J. Zamboni Co., Inc. manufacturers of the Zamboni ice resurfacer products available worldwide.

Christiana Bay, Huntington Harbour – The HHPC Admiralty Group had their summer cocktail party honoring all of our donors on a balmy day of late summer at Barbara Larson’s lovely townhouse overlooking the bay. Guests indulged in a variety of hot passed hors d’oeuvres. Thank you to WHY NOT BREWING for underwriting the Craft Beer and the hors d’oeuvres catered by Debbie.

Interested in becoming a member of HHPC Admiralty Group and other clubs in Huntington Harbour? Call Jackie Sands (714) 791-8716.



*L to R: Jim & Charmaine Rood, Glenn Ihrke & Penny Curtis-Ihrke, Rob & Gail Sebring, Barbara Howland, Roxanne & Andy Talley, Domanique Rood, Matthew Nadelson and Barbara Larson.*



*L to R: Kim Weddon, Alice Zamboni, Barbara Howland, Richard Zamboni, Bruce Bayless, Jo Andrews and Charmaine Rood.*

# HHPC: Sandpipers

by Lolly Mchardy



*Sandpipers enjoying Board lunch at Spaghetini’s!*

Sandpiper’s have been busy making Raffle Baskets for our annual Holiday boutique.

Sandpiper’s have created over \$1,200 for our “Pamper Me” basket which will be raffled off at the boutique.

Our September meeting was at Donna Mysterly’s home on September 21st at 3:30 P.M. Our October meeting will be held at the Halloween decorated home of Teri Feterik in San Juan Capistrano where Sandpiper’s will have fun dressing up!

We are also getting ready for Cruise of Lights and Boat parade.

If you would like to join us at one of our meetings please contact our Membership Chair, Kersti Garthwaite by email at [kersti\\_g@hotmail.com](mailto:kersti_g@hotmail.com).





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**HUNTINGTON HARBOUR**  
*61st Annual*  
**BOAT PARADE**  
**DECEMBER 9 & 10**

**Weikko Wirta**  
**Grand Marshal**



**BOAT PARADE & HOME DECORATING CONTEST**  
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*Parade Route GPS tracked in real time at [HHBoatParade.org](http://HHBoatParade.org)  
Vote for the "People's Choice Award" on Facebook  
[@HuntingtonHarbourBoatParadeHHPC](https://www.facebook.com/HuntingtonHarbourBoatParadeHHPC)*

**2023 CALENDAR OF EVENTS**

Monday, December 4  
Tuesday, December 5  
Wednesday, December 6  
Thursday, December 7  
Thursday, December 7  
Friday, December 8  
Saturday, December 9  
Sunday, December 10  
December 16-18 & 21-23

**Due Date** Home Decorating Entries, Include 1-3 Photos  
Waterfront and Off Water Home Spotting  
Judging Waterfront and Off Water Homes  
**Due Date** Boat Decorating Entries  
Boat Parade Skipper's Mandatory Meeting, 7 p.m. HHYC  
Trophy Presentation for Waterfront and Off Water Home Winners  
Boat Parade and Judging  
Trophy Presentation 11:00 a.m. HHYC and Sunday's Boat Parade  
Cruise of Lights® Boat Tour Fundraiser

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please visit our website: [hhboatparade.org](http://hhboatparade.org) or email [hhboatparade@gmail.com](mailto:hhboatparade@gmail.com)



Parade route GPS tracked in real time on [www.HHBoatParade.org](http://www.HHBoatParade.org)

# HUNTINGTON HARBOR PHILHARMONIC BOAT PARADE

**December 9 & 10, 2023**

Line Up: 4:30 p.m.

Parade: 5:15 p.m. sharp

The parade route and times are subject to change without notice

Time	
1	5:15
2	5:17
3	5:22
4	5:30
5	5:40
6	5:46
7	5:50
8	5:52
9	5:54
10	6:06
11	6:10
12	6:15
13	6:24
14	6:27
15	6:29
16	6:33
17	6:45
18	6:51
19	6:55
20	6:58
21	7:02
22	7:08
23	7:11
24	7:17
25	7:23
26	7:25
27	7:27
28	7:42
29	7:45
30	7:51
31	7:56



YIELD TO PARADE

Vote for the "People's Choice Award" on Facebook: @HuntingtonHarbourBoatParadeHHPC



hhboatparade  
cruiseoflightshpc

Limited Parking, Public viewing at beaches only



# Pan-Braised Chicken with Dried Fruit

by Cathy Thomas, [CathyThomasCooks.com](http://CathyThomasCooks.com)

In a long-ago issue of Bon Appetit magazine, the writer acknowledged that this easy Pan-Braised Chicken with Dried Fruit recipe was inspired by the Chicken Marbella formula in “The Silver Palate Cookbook” (by Julee Rosso and Sheila Lukins, Workman, 1979). The original Marbella was so popular, it became the go-to 80’s dinner party entrée for home cooks from coast to coast.

Chicken Marbella required overnight marination in the fridge. Plus, it called for a long list of ingredients, everything from quartered chickens to prunes to pitted green olives, plus hearty amounts of white wine and brown sugar. This riff on the original has a much shorter number of ingredients and I like it better.

*Cathy Thomas is an award-winning food writer and has authored three cookbooks: “50 Best Plants on the Planet,” “Melissa’s Great Book of Produce,” and “Melissa’s Everyday Cooking with Organic Produce.” For more than 30 years, she has written about cooking, chefs, and food trends. She was the first newspaper food journalist to pioneer taping how-to culinary videos for the Web. [CathyThomasCooks.com](http://CathyThomasCooks.com)*



## PAN-BRAISED CHICKEN WITH DRIED FRUIT AND OLIVES (YIELD: 3 SERVINGS)

### Ingredients

- (3) skinless boneless chicken breasts
- (1) teaspoon ground cumin
- Salt and pepper to taste
- (2) tablespoons olive oil
- (2) garlic cloves (finely chopped)
- <sup>3</sup>/<sub>4</sub> cup mixed dried fruit (about 3 oz.) - such a combination of golden raisins, dried cherries, dried apricots (halved or quartered if large), or dried figs (halved or quartered if large).
- <sup>1</sup>/<sub>2</sub> cup dry white wine,
- <sup>2</sup>/<sub>3</sub> cup canned low sodium chicken broth
- (8) brine cured pitted green olives

### INSTRUCTIONS

1. Sprinkle chicken on all sides with cumin, salt and pepper. Heat oil in deep large skillet over medium heat. Add chicken and sauté until brown, about 3 minutes per side. Push chicken to side of skillet. Add garlic to skillet; cook, stirring, about 30 seconds. Add dried fruits, wine, broth and olives and bring to boil. Push chicken back into place (rather than just on the side).
2. Simmer chicken uncovered until just cooked through, turning chicken occasionally with tongs, about 10 to 13 minutes. Test chicken to make sure it is cooked through, cutting the thickest portion to expose interior.
3. Transfer chicken to plates. Increase heat and boil until sauce is slightly thickened, about 4 minutes. Spoon sauce over chicken and serve.

## EXCEEDING EXPECTATIONS SINCE 1970



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2008 Titan 75 SB | \$1,895,000  
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2006 Viking 74 C | \$2,495,000 | Nick 941.720.1321



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Tracy 619.259.6901



2021 Viking 62 C | \$5,675,000  
Ian 562.505.3502



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2002 Viking 61 EB | \$1,099,000 | Jim 850.259.3246



2015 Horizon 60 PC | \$1,795,000  
Steve 562.243.9710



2012 Viking 60 C | \$2,350,000 | Brett 949.456.6412  
2012 Viking 60 C | \$2,399,000 | Antonio 941.527.1273  
2013 Viking 60 C | \$2,399,000 | Darin 619.944.2817



2001 Viking 58 EB | \$849,000 | Darin 619.944.2817  
2020 Viking 58 C | \$3,199,000 | Antonio 941.527.1273



2003 Viking 56 C | \$695,000  
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2015 Viking 52 SC | \$1,395,000  
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2005 Cabo 40 E | \$389,000 | Roger 850.234.0295



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- **Goal Setting:** The pleasure to help clients set realistic and achievable nutrition goals, whether it's weight loss, muscle gain, or improved energy levels.
- **ALTHOUGH WEIGHT LOSS IS MY EXPERTISE**

## ACCOUNTABILITY:

- I provide ongoing support and accountability to help clients stay on track with their nutrition plan.
- **Monitoring Progress:** I track client's progress through regular check-ins, adjustments to the meal plan, and assessing changes in health PROCESS/progress
- **LIFESTYLE Change:** ITS A MUST!!!
- Helping clients identify and address unhealthy eating habits and promote sustainable LIFESTYLE change.
- **Motivation:** ITS SHOWTIME!

I offer encouragement and motivation to keep clients committed to their nutrition and fitness goals

Overall, as a fitness and nutritional coach, I play a crucial role in helping individuals make long lasting improvements to their diet and achieve better health outcomes.



## BENEFITS OF A MEAL PREP PROGRAM:

- **Time Efficiency:** Saves time on daily cooking and reduces mealtime stress.
- **Healthier Eating:** Promotes healthier food choices and portion control.
- **Cost Savings:** Reduces food waste and saves money.
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# Huntington Harbour Art Association

by Doreen Hill



Back row: Carrol Wolf, Bea Tamo, Elaine Murphy, Jean Erstling, Francesca Brayton, instructor Betty Shelton, Susie Harris, Mimi Spencer, JoAnn Rossi, Julie Ford, Paula Hambleton – Front row: Linda Clasen, Kay Sullivan, Cindy Wright.

Our members have lots to choose from in regard to excursions, workshops or social events during the year. The Painting Pals meet every Tuesday, painting and critiquing each other's work while enjoying their love of art for art's sake. Bea Tamo says they welcome artists of all levels and experience. Recently they hosted a two part workshop at the end of August, given by Betty Shelton, an accomplished, award

winning artist. Betty has been a professor of Drawing and Painting for 34 years at the Laguna College of Art and Design. Sixteen H.H.A.A. artists worked in both watercolor and oil; the focus of the two day workshop was to explore the work of John Singer Sargent and his use of color and light.

Many of us signed up for a September excursion to see the work of more than 70

artists at the 9th Annual CA 101 at the Historic Library in Redondo Beach. Two of our members' works, Janet Johnson and Carrol Wolf, were selected for the 230 spots in this art show out of more than 1400 submissions. A variety of media and some large scale installations will grace the show at the Historic Library.

The Huntington Beach Art Center will have their Tenth Annual Artist Council Member Exhibition from October 21st through December 16th, so be sure to mark your calendars to support our local artists.

Janet Johnson will host a Pumpkin Decorating Workshop in September to add some color to our homes. She always comes up with creative ways to embellish the pumpkins.

The social committee of Linda Morrow and Gerry Reed have been busy planning two events: the late Fall Luncheon with a program of " Fall Decorations" and the "Annual Fall Dinner Party". One of the most anticipated fall events is the Annual Fall Dinner Party in October where members, spouses, significant others and guests gather to share good food, company and the love of art. This is always a lovely, well attended event held at a home of one of the members. The weather is usually conducive to dining outdoors and watching the sunset as well.

As you can see, there is something for everyone and we welcome new members to join us. Contact Membership chair Jean Erstling at (714) 614-1901 for more information.



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# Assistance League Huntington Beach

by Marcela Alban, Marketing Communications Chair



ALHB officers and Veterans Scholarship Committee members present scholarships to college veterans at honorary luncheon.

## Giving a helping hand

A young Army veteran with an 11-year-old son found herself homeless and hungry after fleeing an abusive relationship. She had no place to go, no food, no clothing and was getting close to having no hope.

She found herself in the Veterans Resource Center (VRC) at Golden West College. There, staff members got busy helping – the two were fed, given gas and grocery gift cards, a laptop, toiletries,

shoes, food and snacks from the center's pantry.

Staff members also contacted six governmental agencies about the case and the VRC expected to have hotel vouchers for the two within a day and an appointment for a HUD housing appointment soon.

According to VRC staff members, the veteran was grateful and cried when she left the center, saying it would help change her life. And much of that help

came from the Assistance League of Huntington Beach, which, through its veterans programs, keeps the VRCs at Golden West College and Coastline College stocked with food and gift cards for food and gas for veterans in need.

Last year alone, ALHB gave \$1,500 in gas and \$1,500 in grocery cards to the centers. The Chapter also gives specially requested items to the centers, such as an air fryer, a five-gallon water dispenser and a Keurig coffee maker.

In addition to donating items to help veterans through their immediate needs, ALHB also gives scholarships to vets. Through Golden West College's police training program known as the Regional Justice Training Center, ALHB has been giving scholarships to cadets going through the training since 2014. Since then, more than \$300,000 in scholarships has been awarded through the program.

Additionally, scholarships are awarded to vets at Coastline College at the end of every spring semester. Last year \$37,600 went to the college's veterans in an effort to help them maintain housing and basic needs.

Last year ALHB expanded its work with vets by contracting with Coastline College so needy veterans can get help through the Chapter's Operation New Beginnings. Coastline's Veterans Resource Center director can refer veterans to the ALHB program where they will receive a voucher and can come in and pick up clothes, home goods or other items they may need.

Funds for the veterans programs come from the Chapter, and DreamCatchers also donate for the Regional Justice Training Center scholarships. Last year \$52,000 was given in scholarships to veterans in three classes training with the program,

Assistance League Huntington Beach often receives notes of thanks from veterans served through its programs, but members working with the vets say they are the ones who feel gratitude – in knowing they are helping change someone's life and in giving back to veterans who have given so much to the country.



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# Duck, duck, goose!

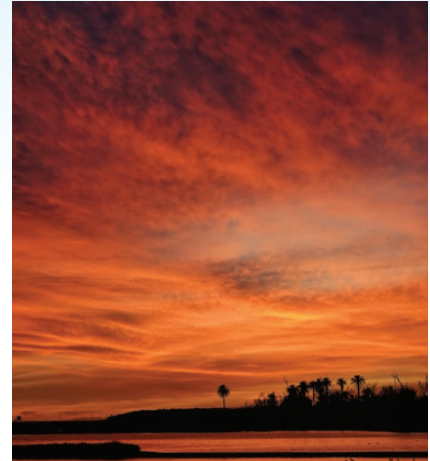
by Tammy Asaki, Photographer

Fall is upon us and that means a subtle change in seasons at the Bolsa Chica Ecological Reserve.

We will start to see an influx of ducks and geese making the marsh more lively! Listen for the gaggles of Canada Geese honking overhead as they arrive, and pay attention to all of the colorful visiting ducks popping up daily. The dramatic fall skies are begging be

photographed too. Get out there and enjoy the energy of fall!

I teach a Community Ed class through the Huntington Beach Adult School called "Photographing the Bolsa Chica Wetlands." We meet for 3 Saturdays in a row in October. Join us for some photography tips and a couple of fun photo walks. You can register at [www.hbas.edu](http://www.hbas.edu).



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# Kiwanis of Huntington Beach

by David P. Garofalo

Kiwanis of Huntington Beach has partnered with Old World German Village to host opening day of Oktoberfest. Doors open at 11 AM with food and beverage service beginning at noon and festivities going until 5 PM music games.

Sunday, September 17 join us. The traditional keg cracking will be done by the owner of Old world Bernie, accompanied by mayor, Tony Strickland, Senator, Janet Nguyen, assembly woman, Diane Dixon, and other officials.

All the proceeds from this event benefit Kiwanis of HB in their efforts to support the community of Huntington Beach and especially the children.

Admission, choice of entrée and choice of sides only \$20 if the ticket purchased through Kiwanis. Tables of eight or available with admission, dinners, with, and without 16 ounce beers at substantial savings in the hundreds of dollars if tickets purchased through Kiwanis. Please use our website [Kiwanishb.org](http://Kiwanishb.org).

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# Time to Take Out the Trash!

by Kim Kolpin, Executive Director of the Bolsa Chica Land Trust



Volunteers working to remove trash that ended up in the Reserve.

You may have noticed that the rains this year have washed a record amount of trash into the Bolsa Chica Ecological Reserve. The majority of the trash that you see gets washed down through the Wintersburg Flood Control Channel which bisects the Reserve. The urban runoff from multiple cities brings trash and debris of all shapes and sizes into Outer Bolsa Bay. From furniture to golf balls, much is easily recognizable as the trash that somehow missed the garbage bin. Other types of garbage; micro plastics, Styrofoam, and hypodermic needles are of greater concern as they present even more of a challenge to

remove from the environment.

As the tides rise and fall the trash starts to work its way either out of the Reserve, into the harbor headed to the ocean and beaches, or it gets pushed deeper into the layers of plants and mud at the edges of the wetland bays. These edges are critical nesting habitats for many bird species, including the endangered Belding's Savannah Sparrow.

The thought of these small birds nesting amongst the trash is heartbreaking, and every year the Bolsa Chica Land Trust dedicates numerous community volunteer events to removing mountains

of trash. However, our window of time to orchestrate trash removal is short. During nesting season which stretches roughly from March 15th to September 1st of each year, no one is permitted to go into the areas where most of the trash accumulates, so as to not disturb the nesting birds. Now, as we are out of nesting season, you may see our teams by the waters edge diligently picking the garbage out of the wetlands by hand.

Although many who help in the efforts to clean the trash from the wetlands volunteer their time, the Land Trust still has significant staffing and equipment costs with each workday. Please help us keep our waters, sensitive nesting sites, and coastal environment clean! Consider making a donation or register to lend a hand at one of our workdays. Go to our website at [www.BCLandtrust.org](http://www.BCLandtrust.org) today. As clean-up season gets underway, we need your support to help us continue to get the trash out of Bolsa Chica. As a community, we love the beauty and tranquility of Bolsa Chica, and as a community, we need to continue to care for it.

We are grateful for the support of our neighbors in Huntington Harbor!

# Huntington Harbour Garden Club

by Doreen Hill

During our summer hiatus from meetings, the board met and organized the hostesses and the programs for the 2023-2024 year. Our September meeting will be a continental breakfast at the home of Janet Johnson and a hands-on craft will entail decorating pumpkins with succulents, bobbles, beads or anything that suits our fancy. Aside from making a cheery fall centerpiece, we will be decorating shells with air plants for philanthropic gifting or to sell as a possible fundraiser.

In October we will be hearing from the president of the Orange County Fuschia Society, Susan Butala. Getting some instruction from the Orange County Master Food Preservers at our November meeting, the hope is that some of us will be able to make some preserves or can some of the bounty from our gardens. The potluck Holiday Luncheon in December is a chance for us to share our unique, creative flower arrangements and secretly vote for favorites.



South Coast Botanical Gardens, located on the Palos Verdes peninsula, will be hosting the West Coast premiere of Thomas Dambos' Trolls "Save the Humans", opening on October 1. For three months, six larger-than-life trolls will be on exhibit in this 87 acre garden to help reconnect humans with Mother Nature. Paired with the exhibit are a variety of classes to help bring the

exhibit to life. This is the first traveling exhibit and SCBG is only the second venue to ever receive it. An excursion is planned to not miss this unique exhibit and garden so close to us.

We welcome guests at our meetings every third Tuesday of the month at 10 a.m. Call Doreen Hill at (714) 878-3011 or Connie Mandic at (714) 655-0848 for more information.

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# La Familia

by Karen Branoff



Members enjoying the evening during the potluck dinner hosted at Michelle Brenner's lovely home.

La Familia had the best event recently. It was a potluck dinner held at the beautiful home of Michelle Brenner. What a gorgeous setting to enjoy an array of home-made delicacies and the camaraderie of like-minded people. The event was a fundraiser that La Familia has each year in August. The purpose of all of our "get-togethers" is to collect funds for donations to the Orangewood Family Foundation.

In the future, we are talking about having a wine tasting event and perhaps a Casino Night.

La Familia works year round to support Orangewood Children's Home.

100% of our dues and donations go to support the children. Each month, our President, Tim Branoff, attends the meetings at Orangewood. This month he reported that there are currently 45 kids living at Orangewood. This number is low and that is a good thing. The board listens to requests from representatives for the different age groups and they decide which requests are to be granted. This month, the board approved the following costs: Aquarium of the Pacific, Discovery Cube visit, a Labor Day celebration, a Bubble World Experience field trip, Knott's Berry farm visit, Beach Day (a favorite for the kids, date TBD, anyone who would like

to join us for this event is welcome come), also a deposit for the Winter Wonderland event in November was approved

So a big THANK YOU to all of our members who donate, pay their membership dues and attend these fun events!

Our next meeting will be at Rodrigo's Mexican Restaurant located on Goldenwest on October 9th. We will have a nice lunch and discuss fundraisers for the future. If you would like to join our important and fun-loving group call our membership chairperson, Sparkie Ferguson (562) 879-7888.



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# Anglers of Huntington Harbour

by Kathy Bayless

## August TGIF

Friday evening, August 25th nearly 40 Anglers of Huntington Harbour and guests gathered at the Davenport Island waterfront home of Mike and Pam Myers for the organizations August TGIF. Attendees arrived by car, on foot and some by Duffy. Each of the Anglers brought one of their favorite appetizers or desserts to be enjoyed by all as they socialized on the Myers expansive waterfront patio overlooking Christiana Bay and discussed upcoming events like the September TGIF at Michele Brenner's main channel waterfront home and the October TGIF and Halloween Party at Michael and Terri Feterik's Coral Cay waterfront home. Attendees celebrating July and August birthdays included Mary Busche, Linda Axel, Nick Peoples and Charmaine Rood.

## Upcoming Events

In 2023 the Anglers of Huntington Harbour are celebrating their 59th year



*Anglers of Huntington Harbour August TGIF hosts Mike and Pam Myers.*

in the Harbour and have enjoyed many exciting social, fishing, and philanthropic activities. Upcoming events include the October TGIF and Halloween Party at the Coral Cay waterfront home of Michael and Terri Feterik Friday October 27th and the November TGIF, Annual Meeting and Election of Officers

Friday November 17th. If you live in the Harbour and would like to be considered for one of the Angler's open membership positions and attend one of our upcoming activities, please call our membership chair Linda Axel at (714) 325-6111 for more information.

# Seagate Yacht Club

by Michael Dix



SGYC is closer to Disneyland than any other yacht club. As such, we're often asked for input as to which of their rides are best for boaters. Here's our take:

Splash Mountain - This would seem the obvious choice, but Splash Mountain is really a Train Ride pretending to be a Boat ride. You can do better. Pass.

Nemo Submarine Voyage - Sinking is a boater's greatest fear, and these things sink every time! Pass.

Pirates of the Caribbean - Cruising the tranquil waters of the Caribbean sounds great, but, you know, Pirates. Pass.

Jungle Cruise - So realistic, there must be mosquitos. You did not come to Orange County for Malaria or Dengue Fever. Pass.

It's a Small World - An idyllic journey along the world's most scenic waterways. Lovely, but international travel amid the current political climate? We can't recommend it. Pass.

Motorboat Cruise - Steering the rapids was fun in '57, but the ride's been down since 1991! Wait for it to return, or better yet, pass on Disneyland altogether and join us for a trip to Catalina, a Duffy ride in the harbour, or one of our many off-water events, like "Night at the Races" or our summer festival "Summer Luv'n." Check our calendar online at [www.seagateyachtclub.com](http://www.seagateyachtclub.com), and we'll see you soon!

# Huntington Harbour Rod & Reel Club

by Bradley Young, Captain of the "Salty Cat"

A young, Huntington Beach local, Garrett Young, caught a 149.7lb Blue Fin Tuna... *a trip to remember!*

The fishing vessel Salty Cat, left Sunset Harbor, at 8:00pm Friday, July 1, 2023. They paid a visit to Nacho's Bait Barge to get some Sardines and headed towards the San Diego Fleet boats at Mackerel Bank.

After rounding the corner at the east end of Catalina, we realized the San Diego Fleets were no longer fishing in that area so, the Salty Dog Crew headed northwest toward Snail Bank. About thirty minutes later, Captain Brad saw lights on the horizon, but could not see if they were boats. Shortly after, it was we determined that we had found the San Diego Boats. Captain Brad decided to try out the new fish finder a quarter mile outside of where the SD Fleet were fishing. The fish finder lite up solid "red" within five minutes at a depth of 180-250 feet. Everyone scrambled to get jigs tied on our rods. Garrett Young's rod was the first in the water and had a fish on within minutes. Garrett's rod was setup with 60lb test. He got bit and the fish smoked him and the fish was gone. Mike Tajima tied up another rod and within minutes Garrett Young was on another fish. This time on the proper setup; Penn




HHR&RC member Garrett Young (middle) with his 149.7lb Blue Fin Tuna along with Mike Tajima, on left, with Brad Young, Garrett's father, on right.

International 20, loaded with 100lb Spectra on a United Composite Viper Rod 80 to 130lb rating, Saltega-SK jig Katie Perry color. The fight was on. Garrett was getting beat up. This was his first blue fin ever. Mike Tajima and Captain Brad


coached Garrett through the process on reeling in the big tuna. Garrett got on his knees and used the rail for leverage and reeled when we told him. After a forty-minute battle, the sea monster was pulled over the rail. Brad stuck the first gaff and Mike stuck the second, as they yelled with excitement. All they we had to do was get it over the rail, which was no small task. A fishing trip Garrett will never forget.

The Young Family are members of the Huntington Harbour Rod & Reel Club, a family oriented competitive fishing club. The club promotes competitive fishing events, educational seminars, annual awards and perpetual trophies. The club also promotes conservation through The Coastal Conservation Agency of California and other local agencies. The club also sponsors an annual fishing trip for at-risk inner-city children.

Our Meetings are held the third Thursday of every month at the Huntington Harbour Yacht club beginning at 6:30 PM with dinner and the speaker starting at 7:00 PM. For more information about the Club please visit our website at [HRROnline.com/Membership](http://HRROnline.com/Membership) or you can email us at: [HarbourRodAndReelClub@gmail.com](mailto:HarbourRodAndReelClub@gmail.com).




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# Changes

by Cindy Shaw

Changes definitely happen. Some we choose and many we don't. This is not the place for me to start sharing my soapbox philosophy other than to encourage you to make whatever changes come your way work out the best they can for you and those around you. If your body is the change, find a way to get help and focus on what you can do. Healing takes time, embrace that. Make the effort yours.

Seek professional observation and guidance to see the new big picture.

If the changes are with those you care about, use listening as your superpower and be the one to reach out. It is truly easier to respond in difficult times than to reach out and ask for help. Change can be challenging, even when it is very positive, know that is ok.

I have owned my Physical Therapy practice, Orthopaedic and Spine Care PT here in Huntington Beach for over 31 years and been a treating therapist 43 years now.

My life has brought me more than enough changes and challenges. I made the choice not to retire because I absolutely love sharing skilled hands on therapy. It is time to do just what I love now and change the management of my practice to those seeking that challenge. OSCPT is now owned by Matt Swift, DPT of Change PT and will continue with Medicare and insurance billing bringing a new life to "Change". I will continue to treat part time in a cash based practice in the same location as Cindy Shaw Physical Therapy. As life demands making new paradigms, I am going from 1.0 to 1.5 rather than 2.0, a new picture of semi-retirement per se.

So I am going to share a bit of philosophy after all, Say the Words, Listen Well, and if your changes don't feel right, keep re-arranging things until it feels better.



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# Huntington Harbour Yacht Club

by Barry Menzel, Rear Commodore, HHYC



“Ahoy” from Huntington Harbour Yacht Club (HHYC). Our summer months have included a variety of festive events and cruises, and we have plans in place to continue the fun into the fall and winter. In addition, the Huntington Beach Sailing Foundation (HBSF) operated out of our facility again this summer, offering sailing lessons to youngsters from 8-16.

We started with a very well attended Memorial Day celebration at our club, with a BBQ for over 100 members and friends plus a Duffy cruise involving over 10 boats full of members enjoying the Harbor. Father’s Day brunch was also well attended, and later in June we held a pet dog parade and chili cook-off with about 10 tasty entries.

As usual we celebrated July 4th with a flag-decorated set of member Duffy’s parading up and down the harbor channels followed by a BBQ on our patio. We also held a major club open house in conjunction with Sunday brunch on July 16. Facility tours were provided to some 30 potential new members, and the afternoon featured a live band entertaining on our waterfront patio.

Other July festivities included a “Havanna night” theme party with prizes for the best dressed members, and our bi-monthly Birthday dinner for club members born in June or July. Plans are in place for our traditional Labor Day event that will include a “scavenger hunt” throughout the harbour waters for club Duffy teams, followed by a vendor-prepared BBQ dinner.

In terms of weekend cruises to other local marinas, we were in Los Alamitos Bay in April, Avalon (June and August), and Two Harbors at the Isthmus on Catalina Island in July. Most of our cruises involve more than ten boats, and

the festivities usually include happy hours on Friday evenings on a “host” boat, on-shore planned events on Saturday, and some form of a group dinner on Saturday evening. Two separate cruises to Newport harbor area are planned for later this year.

HBSF welcomed some 30 students to the first of two 3-week sailing school classes the last week of June. The second session occurred in late July/early August for a similar number of youngsters. It is likely you may have seen them sailing about the Harbor waters in the mornings and early afternoons Monday - Thursday.

These young sailors really catch on quickly!

If any of these activities sound interesting, please join us at one of our Sunday brunches which are open to the public 10am-1pm. While there ask one of our Flag officers for a personal tour of the club and an overview on the benefits of having a membership. Our office is open Tuesday-Friday from 9 AM-4 PM if you simply want to stop by and get our information packet. Information is also available from our website, HHYC.org.

Hope to see you around the club!



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# Sea Belles of Huntington Harbour Yacht Club

by Cindy Barlow, Ships Hailer



*Havana Hostess Captain Anne Crowley.*

Throughout the Summer months, the Sea Belles of Huntington Harbour Yacht Club enjoyed many fun events. Along with attending numerous regular HHYC events such as Cinco de Mayo, Memorial Day, 4th of July, Summerfest, and many more, Sea Belles hosted various additional fun and unique Sea Belle events.

One such Sea Belle event was the very successful wine tasting held on the 4th of June. Participants enjoyed a festive time comparing flavors and combinations. Various selections of delicious wines were presented along with tasty hors d'oeuvres that complimented each wine to tempt and satisfy the palate. Everyone "Saluted" several times with their favorites!

The Sea Belles' Havana Nights Party, which was a fantastic success, was held on July 7. Our previous 2008 Sea Belle Captain Shirley Wallace created and coordinated the theme and decorated HHYC to reflect the tropical paradise of Havana. Shirley put an incredible amount of time, effort, and talent into this event to ensure that it was successful. Sea Belle Teri Bowers, dressed in a fabulous floor-length dress, brought the style of Havana



*Authentic Havana Food and Fun!*

to our Club and was our Costume Winner! Sea Belle Wendy Watts with S/C Rudy Lopez Jr. were selected as the Costume Couple Winners. Jason Winterfeld, the son of our previous 2019 & 2020 Sea Belles Captain Ellie Winterfeld, spun the tunes of Havana. Experienced dancers Sea Belle Margie Armstrong along with her husband Alan, and Sea Belle Marian Mohler along with her dance partner performed to the music of Havana and showed us how it's done!

On July 30, Sea Belles also enjoyed a Night at the Races, excitedly watching and betting on their favorite foals and fillies while dining in the Club House at Los Alamitos. Win or lose, Sea Belles always have fun!

On August 18, many Sea Belles along with other HHYC partiers enjoyed dancing to the High Tide Band's 1960's-70's music for free. Many also partook of an optional, reasonably priced Italian dinner. We thoroughly enjoyed

entertainment by Sea Belles Beverly Maguire (also an HHYC Director) and Donna Carlow, as they enthusiastically performed with their tambourines along with the High Tide Band. Master guitarists S/C Rudy Lopez, Jr. and Tim Marshall, with Lou Carlow on drums, along with Beverly and Donna, provided the music we loved. Tim also entertained us with his wonderful harmonica-playing skills!

The Sea Belles have many additional events planned for this year. Ladies, if you would like to attend fun luncheons, which include a special presentation, as well as other Sea Belles events throughout the year, you are cordially invited to join HHYC and the Sea Belles. Contact or stop by the Club and check us out. We're just off Warner next to the Fire Station near PCH. Or come by boat down the Main Channel of Huntington Harbour and stop by our dock. We'd be happy to welcome you aboard!

*Havana Nights Costume Winner Teri Bowers with Shirley and DJ Jason*



*Dance, Dance, Dance the Night Away!*



# Huntington Beach Sailing Foundation

by Dedra Finninger, Program Director & BOD



Huntington Beach Sailing Foundation (HBSF) had another amazing year with two summer sessions for surrounding area students. As Program Director I'm pretty sure I enjoy these summers as much as our young sailors. They are so eager to learn, some starting the first day unsure of what's to come, some even unhappy about trying, but by the end of their first day the smile on their face fills my heart with such joy. Second day arrival is only eager smiles to pull out their vessel and get ready for the day!

I would like to encourage any parent that has considered entering your children in a sailing program, to do so. The confidence, sportsmanship, friendships and appreciation of

the water & water rules will last them a lifetime. I have had the pleasure of working with HBSF as the Program Director for the last two years and I'm pretty sure most of the time, I was the student.

We will be starting fall adult sailing class shortly. Please check us out at [www.hbsf.org](http://www.hbsf.org) if interested. Also, our foundation will be having our annual Golf Tournament on September 29, 2023 at Meadowlark golf course. You will find more information on our website to participate and/or make a donation to our silent auction.

A big thank you to all that participated and volunteer their time this summer, you are very much appreciated!



# Sea Isle Garden Club

by Lolly Mchardy

The Edinger project began in 2003 by Sea Isle Garden Club members because of the unsightly strip on the north side of the Edinger roadside which had been in need of major restoration for over 30 years. It was tagged the "Edinger Mud Flats" of Huntington Beach.

The club held evening town hall meetings inviting residents and city officials to get communications going. As community interest and funding from the neighborhood grew, the Huntington Beach City Council realized in 2005 that this group was not going away.

With an offer of \$4,000 from our club to pay for half of a reconnaissance study, Huntington Beach and the club soon had a detailed plan.

The City of Huntington Beach pledged \$60,000 if the club could match it.

Over the next few years Garden Club members raised funds by holding various



*Ground breaking ceremony.*

events and fundraisers. In 2007 we celebrated with city officials at a fabulous ground breaking ceremony.

Construction began that October with installation of curbs. The goal was to landscape using native plants, trees and ground cover.

## **Update to Pathway Proposal:**

Sea Isle Garden Club and the City of Huntington Beach have approved the installation of 6 pathways along Edinger Parkway which will break ground very soon. More to come.

# Guilds of Segerstrom Center for the Arts, the Flying Dutchman

by Mary Lund, Photos by Ellen Goodwin

What a great time we all had at Ellen and Don Goodwin's magnificent home on the main channel of Huntington Harbour with 41 members in attendance and 5 prospective members. The evening was warm with clear skies and smell of the ocean. We were sitting by the water's edge on the patio overlooking the boats sail by while having a delicious dinner with the theme Margaritaville, and of course, we had margaritas and Modelo beer with limes, served by our treasurer Weikko Wirta, who is also the Grand Marshal for the 2023-2024 Philharmonic Cruise of Lights. Congratulations Weikko, we are proud of you!

## **What's Happening - Great things!**

Our President, Dorothy Ralphs, is booking tickets for the musical "The Book of Mormon," for the time period September 5-10; friends and members are welcome. Contact Dorothy at (310) 874-2033, she is expecting some calls. Let's party!

On November 19, Susan Qaqundah and Carryl Hytopoulis are planning a bus ride for a tour of the Regan Library and Air Force One White House luncheon and/or BBQ. If we have a large group, the lunch will be served elegantly under the wings of Air Force One, followed by an



*L to R: Jacki Wirta, Karen Sanderson, Jeanie Gibson, Dorothy Ralphs, Susan Qaqundah*

exceptional tour experience of the Ronald Reagan Presidential Library, the amazing Air Force One Pavilion, and other exhibits on display at that time. Let's make sure we have a large group, bring your friends and family, it will be sensational! For more information contact Susan at [sqaqundah@aol.com](mailto:sqaqundah@aol.com) or call (714) 325-7950. Please make your reservation with Susan by September 6.

On December 15, we are also planning a boat parade party in Newport Beach at the Bahia Corinthian YC. Be ready have a special time, and mark your calendar.

Someone asked, "Who are the Flying Dutchman? They are one of the chapters of the Guilds of Segerstrom Center for

the Arts. The Guilds are the oldest and largest of all the Center support groups. Each chapter is identified by their special group interests. The focus of the Guilds to build awareness and support of the Center, this benefits the Center's education, community engagements and artistic programs and to develop great appreciation for the performing arts in Orange County. Each chapter host their own social events and yearly fundraisers, we do an annual Toys for Tots event. Each year the All chapters come together for the yearly Spring Celebration. And of course we do many social events and have fun with a great group of people!

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