

HARBOUR LIGHT

The Original Magazine for the people of Huntington Harbour

Volume L Our 50th Year in the Harbour No. 2

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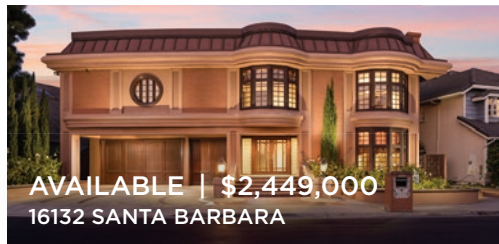
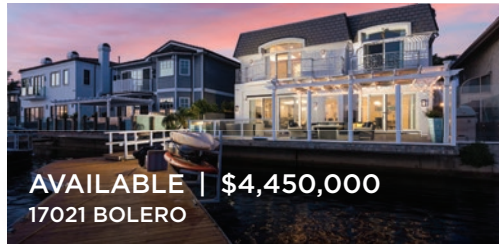
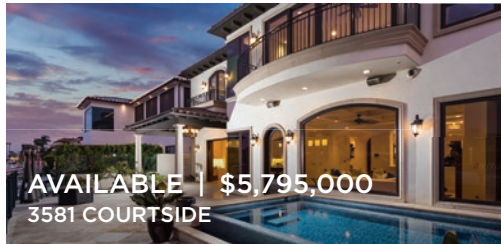
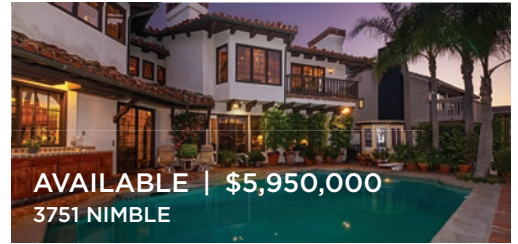
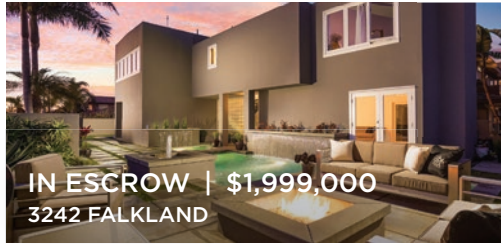
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HARBOUR LIGHT

For and about the PEOPLE of
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Published by Boris & Dorothy Ralphs

Volume L Number 2
April 2020

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On the Cover

Top: Sharon and Dan Niedringhaus, Trip Chairs for the Mammoth ski trip - Bottom: Wanderlust members and their guests dine at Convict Lake Resort.

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Wanderlust Ski Club

by Leigh Ross

Welcoming the new ski season, thirty-five members and guests of Wanderlust Ski Club enjoyed a fantastic trip in January to Mammoth Mountain. With the exception of one very windy day, the snow and weather conditions, although a bit cold, made for a great time. Sharon Niedringhaus lead the trip with plans to make the evenings as much fun as the day's skiing. She and husband Dan hosted gatherings at their home with lasagna dinner one evening and a catered dinner the other. The trip highlight, which has become a tradition, was an evening at Convict Lake Resort for dinner and cocktails. This was a great way to start the ski season. Since this trip, the club has been to Snowmass in February and Steamboat Springs in March.

For the Snowmass trip, 40 plus hearty souls flew into Aspen for the week. We stayed at the new Lime Light Hotel at the bottom of the mountain. A Gondola was also built just outside the Hotel, making skiing very convenient. Kevin and Carol Dunn, our trip chairman did a marvelous job at planning our evenings at great restaurants, and throwing a wonderful Super Bowl party.

We had a scare at Aspen when learning none of our skies and few boots had arrived. A smaller plane is required to land at the tiny airport and only suitcases and skiers were on the plane. However the



Our trip chairman, Kevin and Carol Dunn outside the Limelight Hotel looking at the gondola.

equipment was flown to Denver separately, trucked up, and arrived about 3 AM.

Our next trip was on March 1, to Steamboat Colorado, landing at Hayden, about 25 miles from Steamboat. Our trip chair is Allen Passaquindici who has every evening covered. We have a special evening at Hazie's restaurant which is mid mountain. Twenty two of the best going on this trip.

If readers of Harbour Light would like to join our club or know of anyone that might like to join, please call Phil Lupton (714) 321-0467 or Leigh Ross (562) 418-1043. Signing off from the best ski club in the West, Leigh Ross.

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**ARTICLE DEADLINE for the
June issue is May 4th**

Please send articles and pictures to:
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Or mail them to: Harbour Light Magazine, 16458 Bolsa Chica Street Box #507, Huntington Beach, CA 92649

Huntington Harbour Art Association

by Jackie Dvorman



Standing: Linda Sackin, Janet Johnson, Mimi Spencer, Barbara Simone, Pam Smart, Betty Viers, Kay Sullivan – Seated: Nancy Smith, Pat McKenna, Rhea Black, Lyn Semeta.

The annual Spring Luncheon was held at Buon Gusto Restaurant where Pat McKenna, our president and a fine designer, presented her latest fashions modeled by our members showing unusual fabrics and silk designs along with embellished decorations. Each design was a work of art and a delight to behold.

Several members of our association entered their work in the yearly show, Centered on the Center, at the Huntington Beach Art Center on Main Street. The Gallery was filled with art from the

community, and an Art for Lunch was held later to display the colorful rooms and the talent of the community. The Annual Art Show, our way to show our talent to the community, was held at the Gallery in the Central Library

Over one hundred entries from our members included paintings in all media including oils, watercolor, pastel, mixed media and photography. A judge selected awards such as Best of Show, first places in different media, and First through Third Place ribbons. One eagerly sought award

was Viewer's Choice which was made on a secret ballot and collected at the end of evening to be counted and awarded to the piece of art given the most votes.

There was an additional display, in the glass cases and not submitted for ribbons, of the work done for the Fiber Arts Show presented in the fall. It was a fun filled evening with a champagne reception to add to the excitement of winner presentations and display of lovely, creative art work.


What fun the members had at the Fashionista Card Workshop when Kitty Fox taught us how to create delightful cards using feathers, flowers and jewelry to design novel figures clothed in fabric, feathers and jewelry. They were much too pretty to put in an envelope and send away. They needed to be admired and framed.

Painting Pals and Beading Buddies welcome all to join them at the Seagate Clubhouse to see what fun we are having designing and painting. Call Marsha Hendler at (714) 845-8843 to get more information.

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Huntington Harbour Philharmonic Committee

by Lara Anderson



The Grand Marshal Event Committee planning the big night! Back row: Patty Reilly, Elizabeth Larripa, Event Chair Jeanie Gibson, Joanne Fernbach, Bea' Swanson, Deborah Fairon Front row: Charmine Rood, Kelly Gates, Daisy Funk, Sandy Lewis.

Keep up with our latest news and events on Facebook at CruiseofLightsHHPC or Instagram at CruiseofLights. We have several events coming up and some being rescheduled. As of this writing, the Philharmonic Society of Orange County's spring boutique; "Just the Girls" will be held at Marlene Nielsen's Davenport Island home on July 17, 18 & 19. (Look for all the details on the page 29 in this magazine.)

While we're all home, it's a great time to go through your closets, garage, attic and make a pile of things to donate for Attic Treasures. Donations can be brought to the Huntington Harbour Philharmonic Committee office in the Huntington Harbour Mall (but please verify first someone will be there to receive them.) We are collecting all kinds of items in good condition (just no furniture or books please) for our massive garage/parking lot/estate/rummage sale currently scheduled for June 6-7 in the mall parking lot behind Trader Joe's.

Our Grand Marshal Event celebrating the 2019 Huntington Harbour Philharmonic Boat Parade Grand Marshal Larry Gottlieb and announcing the 2020 Grand Marshal has been rescheduled to August 15. The Huntington Harbour Juniors Fashion show has been rescheduled to April 26. Both events will be at the SeaCliff Country Club.

A new fundraiser is currently underway that requires little effort to participate, you don't have to leave the house or even get out of your pajamas for this one! It's called Music Matters and is entirely online. Music Matters is a "crowdfunding" campaign, raising much needed funds to benefit the PSOC's youth music programs. It enables us as volunteer fundraisers to draw support from friends,

family and our communities. Instead of writing letters or making phone calls, it is done through emailing or posting a link on your Facebook or social media account. (You may already be familiar with this concept if you have kids or grandkids doing something similar with their school's fundraisers.) The goal is to raise \$30,000.

Arts programs have been easy targets for budget cuts, but you can make a difference! Your donation will help bring a variety of music experiences to elementary through high school students. Funds raised by The Committees of the Philharmonic Society make it possible to provide exceptional music education programs to students free of charge in public and private schools throughout Orange County.

Since 1954 we've enriched the lives of over 6 million children in Orange County and with your help, we can continue to reach more. Music impacts everyone socially, academically and economically, building self-esteem and having a powerful impact on Title 1 and special needs children.

Your gift of any amount will support an array of programs and concerts, such as:

- \$5,000 = Enables 1500 students to attend a 5th Grade Concert (8 concerts per year)
- \$1,500 = Access for 3,000 students to the Music Mobile for hands-on instrument demonstration and instruction
- \$950 = Musicians on Campus/Ensembles on Tour visit by a professional music ensemble to 2-3 area elementary or middle schools
- \$11,000 = Allows 2,500 4th graders to experience California Journeys

history and music at Mission San Juan Capistrano, Heritage Hill and Bowers Museum

- \$300-\$700 = Will purchase an instrument for the Music Mobile

Make a donation to bring music to a child, a classroom or a school. The benefits are priceless! To make a donation or spread the word about the Music Matters crowdfunding campaign, you can contact your nearest HHPC member, or look for the link on our Facebook page: CRUISEOFLIGHTSHHPC, or text MUSICMATTERS79 to 7177, or visit this webpage: <http://igfn.us/vf/MUSICMATTERS/HHPC>

Cruise of Lights® Committee

Chairman	Lolly McHardy
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Islander	Christine Faubert, Cristi Ulrich
Marina/Windjammer	Karen Ridout, Linda Halopoff
Sandpiper	Lolly McHardy, Helene Rowlette
Seal Beach	Barbara Wright, Jill Robinson, Annelle Baum, Daisy Funk
Trinidad	Tricia Pratto, LeeDelle Kasper, Sharon Courtway
Juniors	Elizabeth Henry, Rachel Helgeson
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Ways & Means	Cleve Sproule, Helene Rowlette, Lolly McHardy
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Commentator Coordinator	Patty Reilly
Land & Sea, Extended	Karen Ridout, Karen Wolff
Entertainment	Coralie Prince

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Chair: Marlene Nielsen
Team: Brian Griley, Cleve Sproule, Craig Ferguson, Dean Stanton, Joanne Fernbach, Kathy Andrews, Kim Weddon, Lloyd Stockwell, Lolly McHardy, Lynne Myers, Mark Arizmendi, Patty Reilly

Cruise of Lights® Special Thank You

Mike McHardy, Mike Novak, Pam Myers, Sheree Novak

HHPC: Islanders

by Cristi Ulrich



Lauren (above) and Cor Claus hosted our Membership Tea at their home,

The Islanders have started the year very busy. In January we met at the home of Pam and Calvin Free for the meeting and our husbands joined us for dinner. During the month we recovered from December's madness of volunteering and holiday activities.

We continued to plan future events, ushered at music programs for school kids and wrapped up 2019. We continue to be busy planning for the Music Mobile, The Grand Marshall Ball and our Juniors Fashion Show. We are most grateful to Islander planners of all of these activities and events.

In February, Lauren and Cor Claus hosted us at their lovely home for our Islanders Membership Tea. Our tables were fabulously decorated by several of our members and so festive and fun. We visited with several new members and a few potential Islanders. Our Tea was catered by Davenport's and our wonderful champagne servers took good care of us. Thank you Cor, Calvin and Tim. Our leader Marlene Nielsen lead us in a minute of silence to honor our lovely Eva Kilgore who we all miss with all our hearts and none of us can imagine that it has been a year. Marlene gave us invaluable information concerning several up coming events and fund raisers including the Seventh Annual High School Orchestra Festival at the Renee and Henry Segerstrom Concert Hall on March 7 from 11 AM – 9 PM, the 'Just The Girls Shopping Extravaganza' at her house on July 17-19, and a new fundraiser, Music Matters Peer to Peer Campaign will go "live" on March 11. We are all excited to participate and Islanders are looking forward to a wonderful year.



Islanders enjoying the Membership Tea at Lauren and Cor Claus's lovely home.

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HHPC: Trinidad Island

by Tharice Opalewski

Wow time is flying in this new year as we have completed another service to our local schools for the concerts at the Segerstrom Center and our local elementary schools introducing them to instruments that make the sound of music so much fun. We were excited to welcome a new member Marie Monet (sponsored by Dianne Rector) to our family and I have to say Marie has jumped all in on the volunteer wagon! She has just about volunteered for every committee in some form or fashion and I along with all the ladies in Trinidad want to warmly say “thank you and welcome” for your passion and commitment to represent HHPC Trinidad Island in our purpose and causes you are a breath of fresh air.

The next article will be exciting as we announce our new board members to all of you and thank the exiting board members who will remain active in many other roles. In the meantime, we have lots of preparations and planning to complete for the Grand Marshall Event, the Juniors Fashion Show, Installations and other



Newest Member to Trinidad (L to R): Dianne Rector (sponsor), Marie Monet (new member) and Ellen Martin (membership).

fun events in between. Did I mention there is a tamale fund raiser coming up just in time for the Cinco de Mayo season my mouth is watering with anticipation.

Our next meeting will be an Irish/Mexican theme with a splash of Chinese which allows us to celebrate not only the “wearing of the green” but to sample the tamales of the upcoming fund raiser. We meet the 3rd Thursday of every

month from 12:00 PM (lunch) followed by a 12:45 meeting that generally is no more than one hour depending on the agenda and future events.

For more information regarding membership or joining HHPC Trinidad please contact Ellenin Huntington@yahoo.com for more specific detailed information of our family. We look forward to your interest and participation.

HHPC: Admiralty

by Grace Holdaway



Ellie Winterfeld, Linda Nibeel, Teri Bowers, and Judy Cassidy enjoying lunch.

The goal of Admiralty is to work for the children of Orange County fulfilling the need for music in the schools. We do this with many other HHPC groups by working the Music Mobile program and ushering at various events put on for the children. We also work at the various money raising events such as the Cruise of Lights and the House of Design or the Holiday House.

Due to the Coronavirus quarantine the Grand Marshall Ball and the HHP Juniors Fashion Show has been postponed. Please watch for the new dates and support our group with your attendance.

Our members have been busy with their volunteering in the various venues of concerts for our children. The Music Mobile will be visiting schools with Anne Crowley, Teri Bowers, Judy Cassidy and Nancy Kujat on board.

Our January meeting was held at Buon Gusto in Huntington Beach arranged by our Hospitality Chair, Eve Jordan. We thank Buon Gusto for accommodating us and the food was eaten with Gusto.

February found us at Norma Cowles lovely home in the harbour. The co-hostesses were Eve Jordan, Judy Cassidy and Linda Nibeel. Our new slate of officers was voted on and they will be inducted at the April meeting for Year 2020-2021.

In March we will be meeting at the lovely home of Anne Crowley. Our April meeting will be held at the Long Beach Yacht Club and our new officers will be inducted.

We meet every third Thursday of the month; the time and place changes. We would love to have you join our group. You will find new friends and have fun while helping our schools’ music programs. Please contact our Membership Chair: Grace Holdaway, (562) 493-3049, for meeting information.

HHPC: Marina Windjammers

by Lara Anderson



Coralie Prince, Lani Martin, Elise Masseling and Carlone Herman, a.k.a. "Vanna White", doing the Music Mobile presentation at Circle View Elementary.

We've been keeping busy lately ushering concerts, bringing the Music Mobile to Circle View Elementary and Star View Elementary. It's going to be a tough decision to choose a "Volunteer of the Year" for the Marina Windjammers, everyone in our group deserves it! Last year's recipient, the energetic Coralie Prince, says, "I'm not retired, I'm rewired!"

While we have a lot of "rewired" educators and professionals in our group, there's a number of us who balance volunteering with careers, kids, and pets. As of this writing, we currently have 41 members who are a good mix of ages, backgrounds, and interests, which

makes us a dynamite team. We have both longtime members who have done just about every job in the organization, and we are so pleased to welcome new members who are finding their niche. Plus, we have fun together and the food at our meetings is always outstanding!

Marina Windjammers are dominating the nominating slate for the HHPC board. Our members on the slate this year include: Barbara Sentell and Maggie Van Eck (Co-Chairs), Lara Anderson (5th Vice Chair Public Relations), Kelly Haynes and Karen Ridout (Special Projects, Boutique), Pam Barthold (House of Design), and Lisa Weller (Music Education, Music Mobile.)

Our own slate for the Marina Windjammer 2020/2021 officers was quickly filled. The installation of officers will be at our April meeting at Joanne Fernbach's house. I just figured out why we always take a photo on her stairs, it's a metaphor for all of us "stepping up" to volunteer. Or it's just a good way to squeeze everyone in without realizing the symbolism, but let's say it's intentional!

We are participating in the Music Matters crowd funding campaign, if you'd like to contribute, our team web page address is: <http://igfn.us/vf/musicmatters/team/marinawindjammer>.

Hopefully we'll see you at many of the upcoming events like the "Just For Girls" shopping extravaganza. Our member Pamela Barthold will be there as a vendor, be sure to stop by Pazzam Designs and say "hi!" If you are Spring cleaning, we'll gladly take items that would be better off in someone else's house or garage for "Attic Treasures," which is coming up in June. Watch for more details.

Want to join? We'd love to meet you! To learn more about volunteering with us or to check out the food, fun and friends at our next meeting, contact Membership Chair Pat Decou at (714) 892-1344 or email: dukedecou@yahoo.com

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HHPC: Sandpipers

by Cindy Broz Allen

The February 20th meeting was held at Patty Taylor's lovely waterfront home in Coral Cay where the proposed Sandpiper 2020-2021 Board was presented and discussed. After the meeting the Sandpipers enjoyed some social time where they had the opportunity to chat and catch up.

March was busy for the Sandpipers. They enjoyed helping at Segerstrom where they safely unloaded and loaded the young students off and on the bus and ushered them into their seats where they enjoyed the presentation of a "real" symphony. Sandpipers love driving the Music Mobile to the elementary schools because the reaction of the students to seeing the instruments up close is very rewarding.

The Grand Marshall Ball has been postponed and will be rescheduled. The Juniors Fashion Show "Sail Away" was also postponed. Our own Nicole Stewart will use her experience as a model and a professional modeling show producer, to make this luncheon and fundraiser a



Sandpiper members at the February 20th meeting at Patty Taylor's.

smashing event when it is finally held.

The Sandpipers Installation luncheon will be held on Thursday, April 16, 2020 at the Boathouse on the Bay Restaurant in Alamitos Bay.

More Information

The Huntington Harbour Philharmonic Sandpipers are one of the six committees that comprise the Huntington Harbour Philharmonic Committee.

Sandpiper monthly meetings are held in the afternoon on the third Thursday of the month at various members' homes. Following the meetings, we have "happy hour" with delicious appetizers provided by Sandpiper members.

Are you interested in joining our fun group? If so, please contact Tricia Pratto by phone at (714) 614-5396 or by email at inthepink1031@gmail.com.

Huntington Harbour Philharmonic Juniors

by Rachel Helgeson and Elizabeth Henry



Take Two Jazz Duo, Rahul Chavan and Max Kass, seniors at Los Alamitos H.S., play at donors' reception.

With fair winds and following seas, the HHP Juniors were set to "Sail Away" on their annual fundraiser and fashion show. But the head winds of a worldwide pandemic proved too much for the scheduled March 29 event.

The event has been postponed, but with much uncertainty. Set to be presented at the event were seven graduating seniors: John Carlo (J.C.) Carasacchi, Huntington Beach High School (HBHS), a varsity golfer and e-sports enthusiast

hopes to study commuter science in college. Ryann Christensen, HBHS, a four year member of the Juniors, she hope to study dance at Chapman College or UCLA. Allie Faubert, HBHS, a four year member of HHPJ and a dancer, plans on studying psychology at the University of Utah. Katie Kemmerer, HBHS, member of the Children helping Honduras Club has plans to study medicine at Cal Poly San Luis Obispo. Kennedy Jade Latham, HBHS, a varsity cheerleader, plans on

studying bio science with designs on a career in nursing. Lauren O'Donnell, Mater Dei, member of the Long Beach Junior crew team, will attend college in the fall and hopes to study nursing or biology. Tommy Trommald, HBHS, captain of the tennis team, hopes to study business at Cal Poly San Luis Obispo.

Even though the event has not yet gone on, events such as this are not possible without the financial support of donors who contribute auctions items, money and underwrite the expenses of the show. To thank them, Rachel and Tim Helgeson hosted a donors' "All Hands on Deck" reception at their home.

Take Two Jazz Duo, played soft jazz and standards as sponsors, including Jeannie and Frank Gibson, Marlene and Chris Nielsen, Pam and Calvin Free as well as Norm and Julie Huniu, enjoyed libations and hors d'oeuvres.

Other important underwriters, including Cristi Ulrich, Gail Sebring, Kathy Tanaka, Robin Stauffer, and Linda Axel, were unable to attend the reception but have generously supported the efforts of this hard working group of high school students.

Huntington Harbour Junior Etiquette Program

by Susan Limpan



The Westfalls... Marilyn, Hannah and Wes.



Miss Nicole Nelson teaching dance etiquette, Waltz and Foxtrot.

Our 2020 Spring Etiquette Season began in February with a wonderful group of students walking through the Harmony threshold and meeting the five Huntington Harbour Junior Etiquette Program (HHJEP) teachers and two HHJEP Board members who welcomed them with warm smiles and handshakes. In the two classes (grouped by age), as students introduced themselves and shared their interests, it became apparent that we have many talented young people

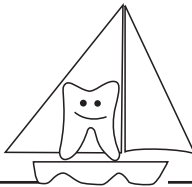
participating in our program. When Mrs. Meralca taught the students proper introductions and the importance of engaging in a short conversation with the person one is meeting, the students discovered that they had common interests with others or that they learned something uniquely interesting from the new acquaintance. The anxiety that seems to overcome many young people when entering a new situation soon disappeared and a sense of relief and comfort took its

place. This was the perfect atmosphere for Miss Nicole Nelson (Right to Rhythm) to begin teaching the students ballroom dancing. The young couples drew out the "box step" with their feet, trying hard not to step on each other's toes. Practice makes perfect, so the students reviewed the steps and how they work with the rhythm, depending on the particular dance.

Communication is key in any situation, so the students of HHJEP learned about the three different types. They enjoyed the exercise where they stood back to back and one person holding a picture described to the partner what was on the picture. That partner had to draw what the first partner described. The students found themselves giggling as they looked at the finished picture which did not resemble the original, while other students were amazed at how accurate theirs was. Of course, an integral part of this activity is actively listening to one another which is a skill that is important for success in school and in life.

Each snack time, students are taught dining etiquette. Students are taught how to sit at a table and proper manners of using a napkin, eating, passing food and condiments and what is appropriate conversation and what is not. Students also learn how to set a formal table.

A graduate of HHJEP, Hannah Westfall, has returned to assist with our classes. Hannah has learned the curriculum and enjoys helping others. She receives school credit for volunteering for a non profit. Her parents, Marilyn and Wes, have been very supportive of our program and volunteer wherever needed. We truly appreciate the Westfall family's involvement (pictured above).



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Huntington Harbour Garden Club

by Doreen Hill

Members took advantage of the few sunny days to put into practice some of the rose care and pruning tips that Christine Lemus, from our local Huntington Beach Armstrong's Nursery, spoke about in January (she graciously stepped in when our scheduled speaker fell ill.) Christine emphasized proper attire for rose pruning, which is usually done between November and February. Long gloves protect your arms so you can get inside the rose bush and, with sharp shears, open up the center to fit an imaginary bowling ball. First you defoliate, then you cut back by 2/3 (trimming where the sets of leaves come out to face up and out) and cut at an angle. For miniature roses, all you need to do is step on them. Clean up the leaf litter and use a natural fungicide dormant spray. Do not feed until there is about 2 inches of new growth and use a fertilizer low in nitrogen. You can use Pot Ash or Dr. Earth on wet soil. Roses near the beach are prone to powdery mildew, so do not water at night or wet the leaves. Keep mulch away from the base, no turtlenecks, giving a 6-inch berth. Armstrong's donated several items to our club's opportunity drawing. Thank You!

"Perennials in the Garden" was the topic for February and Laurie Hill hosted. Armstrong's Christine Lemus, the



Back Row: Betty McCarthy, Jo Andrews, Lara Anderson, Pearl Holmes, Kay Sullivan, Elise Masseling, Barbara Devlin, Pam Smart – Front Row: Marla Brackmann, Mary Johnston, Laurie Hill, Doreen Hill.

scheduled speaker, again brought a wealth of knowledge for an interactive presentation on perennials and some seed packets of wildflowers to share. The difference between an annual and a perennial is that an annual has only one season and a perennial regrows or comes back for about 2-5 cycles. Sweet Alyssum and geraniums are great year-round bloomers. In planting your garden, it's best to keep in mind the needs of our pollinators. We usually think of bees first as a primary pollinator, but butterflies, insects, birds, and animals are also beneficial pollinators in our gardens. The agave plant (tequila source) is only pollinated by bats. Possums are

beneficial pollinators for many fruit and avocado trees. When planting organize groupings of the same color plants to give a larger target for pollinators and plant herbs, such as, rue, thyme, or Lamb's Ear, amongst your vegetable gardens. There is a tropical milkweed, (different than the native California one), whose nectar becomes toxic to the Monarch Butterfly if not cut back. Utilize our local Armstrong's Nursery for any questions about what and how to create a colorful, welcoming garden. Join us for our meetings every third Tuesday of the month at 10 a.m. For more information, please feel free to call Doreen Hill (714) 878-3011.

Sea Isle Garden Club

by Caron Mount and Cindy Broz Allen



Sea Isle Garden Club members and Master Gardener Patty Swaaley at February meeting.

In January, Sea Isle Garden Club members met at the Bonaire Clubhouse for a short meeting. Caron Mount, our Co-Liaison for the Edinger Parkway gave a report that the trees have been trimmed and the Pride of Madera that were dying were removed from the Parkway. The

Bougainvillea had also been trimmed which might help the Matijila poppies recover better. We noticed a resurgence of poppies at Bimini and Montego that were thought had been "eaten" last spring by some unknown critter or crawler. Caron welcomed any who want to walk with

her to check out the Parkway. After the meeting, Sea Isle members carpooled to McKenna's Tea Cottage in Seal Beach for Queen Mums Tea. It was a fun and delicious time.

In February, Sea Isle Garden Club members again met at the Bonaire Clubhouse for a short meeting. After the meeting was adjourned, our guest lecturer, Master Gardener Patty Swaaley, gave a very entertaining and informative lecture on the care and maintenance of Succulents. She demonstrated on how to prepare and plant succulent cuttings in pots and in the ground. Patty raffled off the potted succulent arrangement she made, which lucky SIGC member Cathy Kelly happily took home.

For March, it was enthusiastically decided (after our inspiring example done by Master Gardener Patty Swaaley on Succulents) that members would bring their preference of container or pot that we will fill with succulent cuttings from Patty Swaaley's and our members' gardens.



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Anglers of Huntington Harbour

by Kathy Bayless



AHH 2020 Elected Officers: Phil Lupton, Bob Hetzler, Paula Hetzler, Helene Rowlette, Pam Myers, Connie Mandic, Linda Axel and Bob Mandic.



Tricia Pratto hosted the Anglers February TGIF.

Sunday, January 19th, 59 Anglers of Huntington Harbour gathered for Sunday Brunch at Sea Cliff Country Club for the organizations 56th annual Installation, Awards and Appreciation Banquet.

2019 President Helene Rowlette welcomed new members and 2008/2009 President Kathy Bayless highlighted the 56-year history of the Anglers and introduced 9 past presidents in attendance: Jim Persons, Nick Peoples, Bruce Bayless, Jim Walton, Kathy Bayless, Phil Lupton, Tony Zazzu, Jo Andrews and Linda Axel. Helene Rowlette introduced and

thanked the 2019 Board and Committee Chairs and presented them with a token of her appreciation. Trophy Chair Bob Hetzler introduced Tournament Chair Bob Mandic to present the Anglers of Huntington Harbour Member Fishing Tournament awards to Mike Myers for most species caught and Helene Rowlette for the largest fish. Kathy Bayless swore in the 2020 elected officers including President Helene Rowlette, 1st Vice President/Fundraising Pam Myers, 2nd Vice President/Kids Fishing Trip Phil Lupton, Tournament Chairs

Bob and Connie Mandic, Treasurer Bob Hetzler, Secretary Paula Hetzler and Parliamentarian Linda Axel. 2020 President Helene Rowlette introduced the 2020 Committee Chairs including Membership Paula Hetzler, Bulletin/Roster/Photographer Jim Walton, Trophies Mike Myers, Hospitality Jim Persons and Jo Andrews, Reservations Linda Axel, Flyers Charmaine Rood and Lara Anderson, Publicity Kathy Bayless, Corresponding Secretary Terri Feterik, Conservation Bob Hetzler, Intra Club Fishing Bob and Connie Mandic, Installation/Awards Diana Casey and Helene Rowlette, Christmas Boat Parade Linda Axel, Dinner on the Bay Rob and Gail Sebring and Telephone Chair Kathy Bayless.

Friday evening, February 28th, 50 Anglers and guests met at the Trinidad Island waterfront home of Tricia Pratto for the groups February TGIF, the first TGIF of 2020. Each of the Anglers brought one of their favorite appetizers or desserts to be enjoyed by all as they socialized and discussed upcoming events like the annual Kids Fishing Trip for at risk children in May. Attendees celebrating February birthdays included Lou Earlabough, Dwayne Lund and Rick Umbarger.

In 2020 the Anglers are celebrating their 56th year in the Harbour and have activities planned including the April TGIF at the waterfront home of Ron and Bevann Moreland on April 24th, the annual Kids Fishing Trip for at risk children on May 27th and the May TGIF at the waterfront home of Linda Sackin on May 29th. If you live in the Harbour and want to be considered for one of the Anglers open memberships and attend one of our events, please call our membership chair Paula Hetzler at (714) 969-2570.



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A Land Lover's Garden Club

by Eustelle Bosler

On February 19, we traveled to Balboa Island to tour the Balboa Island Museum. We viewed a great variety of old maps, photographs and antique items that provided insight into the history, geography, and people (both Native Americans and later explorers and landowners) of our part of the world. At the end of the tour, we were able to shop and stroll along the picturesque streets and lunch at a restaurant of our choosing. Roni Fell made the arrangements.

In March, we met at the HHYC for a meeting and to welcome guest speaker Norman Takanaishi who gave us tips and secrets of growing and nourishing the clivia lily, an abundant member of the lily family found in Southern California. He brought several plants with him which were for sale after the lecture. Barbara Gallegos, who plans and arranges for guest speakers to join us, made these arrangements. Dee Holte and Marlene Sholar arranged for lunch to be catered at the club.

The April 15 meeting is another excursion, this time to Pasadena. We arranged for a tour bus to take us to several locations: The Gamble House, a 1908 historic landmark; a bus tour of Historic Pasadena, including four historic districts



Barbara Gallegos, Sandi Barr, and Lyn Senske.

which demonstrate the revival architecture of the late 1800's. We will lunch in Old Town and then finish the day with a visit to the Norton Simon Museum. Since the area is so vast, we will ride a trolley to see as much as possible. A full day, but delightful and instructive! Linda Axel and Toni Aquino made these arrangements... thanks for the wonderful day.

The May 20 meeting, our final one for the season, will be an installation luncheon at the Boat House (pending) located in Alamitos Bay, Long Beach. The final meeting gives us a chance to celebrate

the members who helped make the previous year a fun-filled and rewarding year of new information and experiences. We also thank in advance members, most especially our perennial and intrepid leader, Lyn Senske, who have volunteered to work towards making the 2020-2021 season so rewarding and fun filled.

As usual, we extend a warm invitation to any who would like to join us in these kinds of activities, or might just like to visit once to check us out. Ellen Martin is membership chair and can be reached at (714) 349-6212. Come on over!



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Assistance League Huntington Beach

by Diane Dwyer



Literacy in Action Volunteers

Can you imagine a child's life without books? Assistance League cannot and believes in the importance of literacy to the success of children as students and in life. Since 2013, as part of yearly literacy projects, we have donated over 23,000 books to schools, Boys & Girls Clubs in Huntington Beach, Fountain Valley and Westminster, and, to our customers.

This year, as we launched our 70th anniversary, we continued our emphasis on literacy during Assistance League ACTION! Week. Many of Assistance League's 120 chapters throughout the nation held events to inspire children to read with the goal of transforming lives by putting books into the hands of children. As part of Dr. Seuss "Read Across America Week," the "Literacy in Action" Children's Book Giveaway committee thanked our customers by giving books to children. 1,500 books were available for kids to choose from and 500 books were donated to the Westminster Boys & Girls Club for their after-school programs. Thanks to our member volunteers (chapter, DreamCatchers, Assisteens®, Scholar's Hope students and Beach Blossoms) along with our PALS, this project was a huge success.

Thanks to the generosity of Think Together in Santa Ana, the Huntington Beach Library, Moffett Elementary school teachers, our Thrift Shop donors and our members, 2,000 books were



collected for pre-school to eighth grade readers. All types of books were donated including fiction, non-fiction, chapter books, and favorites such as "Diary of a Wimpy Kid."

How has the community helped Assistance League's commitment to literacy? Helping us to further our commitment to literacy, Assistance League of Huntington Beach was blessed this past year with a donation of \$5,000 in credit from City National Bank enabling us to purchase books from Barnes & Noble. This donation was in conjunction with CNB's "Reading is THE Way Up" program. The decision was made to focus on encouraging reading in high schools. Based on the recommendation of Huntington Beach Union High School District's librarian at Marina High School, 585 books were

purchased with the \$5,000 credit. With direction from the librarian, the books were distributed amongst the HBUSD high schools.

Not only did we receive the credit from City National Bank, Assistance League was recently gifted with 5,000 new books for K-8 students from Barnes & Noble in Fashion Island. These books will be donated to schools, Boys & Girls Clubs and others in the community.

Assistance League Huntington Beach is so proud of our commitment to literacy and thanks the organizations and individual donors who have helped us transform lives through books.

How can you help us do more for our community?

- You can help us "make a difference" by donating and shopping at the Assistance League Thrift Shop, 8071 Slater Ave (just East of Beach Blvd.), Huntington Beach. We're open Tuesday, Wednesday, Friday and Saturday 11:00 am – 3:00 pm and on Thursday 1:00 - 5:00 pm.
- Make a cash donation to Assistance League of Huntington Beach. To make a donation, go to our website www.ALHB.org.

Find out more about Assistance League at www.ALHB.org and like us on Facebook. www.facebook.com/assistanceleagueofhb.

Robyne's Nest and FVHS Athletics Present



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Wristbands will be sold for unlimited access to all kid's activities.
Food, drinks and raffle tickets will be sold at the event.

About Robyne's Nest

Robyne's Nest provides at-risk & homeless high school students in Huntington Beach, Fountain Valley and neighboring cities with the support and resources they need to complete high school and pursue a path to self-sufficiency.

Don't Miss Out

Mark your Calendar TODAY!

Tuscan Tuna and Beans

by Cathy Thomas

I have the utmost respect for canned tuna. Trust me, anyone who has spent sweaty days standing over an enormous pressure canner filled with quart jars of fish, values those pristine little store-bought cans. My years married to an avid deep-sea fisherman were perfumed with thousands of pounds of fish: albacore, marlin and big-eye tuna. Canning it, well, produced a smell that could make angels weep. It scented my hair. Soured my sweetness.

I greatly appreciate those squatty cans of store-bought tuna tucked away in my pantry. Along with a couple of cans of cannellini beans, this simple Tuscan dish can be a quick entree or appetizer for unexpected company. Quality tuna makes a big difference. Look for tuna that is packed in olive oil. Most supermarkets carry at least one brand.

Tuscan Tuna and Beans (4 main-course servings or 6 appetizer servings)

1/2 medium red onion (peeled, chopped), 2 tablespoons red-wine vinegar, 3 cups canned cannellini beans, 1/4 cup extra-virgin olive oil (partially drained), salt and freshly ground black pepper to taste, 8 to 10 ounces canned tuna



packed in olive oil, 1 tablespoon chopped Italian parsley (optional garnish: tiny red tomatoes)

1. Place onion and vinegar in nonreactive bowl 15 minutes. Drain onion.
2. Place beans in serving bowl. Add onion, olive oil, salt and pepper. Gently toss.
3. Break drained tuna into flakes or chunks with fork. Scatter on top of beans.

Sprinkle with parsley. If desired, garnish with tiny red tomatoes.

Note: If you use water-packed tuna in this recipe, taste the salad before serving. Add a little more olive oil, if needed.

Cathy Thomas, award-winning food writer, lives in Huntington Beach. Read more about her culinary escapades and sign up for her e-newsletter for food lovers at CathyThomasCooks.com.



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Sea Belles of the HHYC

by Ellie Winterfeld, Sea Belle Captain/Ships Hailer



The Sea Belles' Board.

We had our scheduled meeting on March 4th. The meeting/luncheon started with a welcome speech, introduction of past captains, commodore wives and those members having birthdays in the month of March.

The March meeting is a special one since we are hosting an evening meeting. This is especially for those members that work or cannot get to the Club due to transportation issues. Our very own Sea Belle member was our speaker, Professor, Dr. Patty Malone.

Patty's Talk was on "Transform Destructive Conflict Into Cooperation." Have you ever had to work with, live with, or deal with a difficult person? Effective communication can make the difference between powerfully handling difficult people or being at their mercy. Conflict is inevitable, but how we react to it makes a huge impact. This presentation shows what steps to take to defuse conflict before it gets out of hand and how to turn destructive conflict into constructive conflict, which strengthens relationships instead of alienating people. Expected Takeaways:

- Implement processes to communicate effectively with challenging people and Explosive situations
- Develop ability to transform relationships with difficult people
- Change destructive conflict into constructive conflict

- Strengthen relationships even under difficult circumstances

Bingo scheduled for March 29 was cancelled and Opening Day on April 18, has been postponed.

Tentative plans for April 26 is a wine and paint afternoon. Cost will be \$35

which includes materials and a glass of wine. Your Board will provide light appetizers for your enjoyment. More information to follow.

The Board would like our Sea Belle's to note that we welcome suggestions, ideas for future events and/or any other burning issues you might have. Also, please be advised if you have any food issue and are on a special diet i.e, gluten free etc. to let us know before the date of the meeting/event.

Your board continues to brainstorm on ways to make our time together special. More events are planned and will be shared with you as we finalize them. Please try and join us!

We hope that we have provided incentives for you to participate and join our Sea Belles - we would love to have you and promise to embrace you as family.

Warmest Regards, Ellie Winterfeld, Sea Belle Captain/Ships Hailer.



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Huntington Harbour Republican Women Federated

by Annette Eliot



Jessica Patterson, far left, Chairwoman of the California Republican Party, stopped at Michelle Steel for Congress headquarters to make some last minute GOTV phone calls with HHRWF members. L-R: Jessica Patterson, Amy Harman, Campaign worker, Michelle Steel, Ellen Christiana, Charlotte Christiana, Heidi Abel.

The primary elections saw HHRWF members volunteering all over Orange County. Our members were manning phones, walking precincts, and fundraising. Several HHRWF members ran for elected office in the March 3, 2020 Jungle Primary: This is who made it through. * denotes Associate Member, all others are Members

Michelle Steel - US Congress 48th District, Diane Dixon - CA 74th Assembly District, *John Moorlach - CA 39th Senate District, (John's wife Trina is a member) *Cynthia Thacker - CA 65th Assembly District *John Briscoe - US Congress 47th District

In addition, the March 3 Primary races gave us newly elected members to the OCGOP Central Committee. The top 6 vote getters per Assembly District are elected to serve. These are the HHRWF Members and *HHRWF Associate Members who were part of the top 6: *Jeff Barke 72nd, Diane Dixon 74th, Kelly Ernby 74th, *Kermit Marsh 72nd, Emily Sanford 74th, *Cynthia Thacker 65th. Special thanks to all our members who ran for office and to all HHRWF members who volunteered and gave so much of their time to work on campaigns. Want more information about our March 3 Primary Winners? Check them out at their websites: - Michelle Steel for US Congress CA 48th www.michellesteelca.com

com - Diane Dixon for State Assembly CA 74th www.DianeDixonassembly2020.com - John Moorlach For State Senate CA 37th www.moorlachforsenate.com Campaign number - 949-274-7734 2014 Quail St. Newport Beach CA 92865. Open 10am to 8pm.

Due to the COVID-19 Virus, our March meeting celebrating Women's History Month, was postponed tentatively until the end of April. We have rescheduled with our featured speaker Susan Shelley, writer for the Orange County Register Newspaper. We will keep our theme, "A Tribute to Women Making History, An Evening with Susan

Shelley". Shelley is a conservative editorial writer and columnist for the Southern California News Group, writing on local, state and national issues. Check back with us at the first of April. We will also be sending out updates on the meeting date. To get more information about Ms. Shelley go to www.susanshelley.com, Susan@SusanShelley.com and follow her on Twitter: @Susan_Shelley. Once again, Huntington Harbour Republican Women will have an entry in the Huntington Beach 4th of July Parade. The theme of our entry will be "100th Anniversary of the Woman's Right to Vote". Republican administrations fought diligently to get the woman's right to vote amendment passed. On August 26, 1920 the 19th amendment was certified by the US Secretary of State. In addition to our parade entry, HHRWF will (if the pandemic is over) have a 100th Anniversary Celebration Meeting on August 26th, 2020. Watch for details closer to the date. What was the official flower of the Women's Right to Vote or Suffragette movement? The yellow rose Election years are the perfect time to join Huntington Harbour Republican Women Federated to learn about the election process then get more involved. By joining, you will have many opportunities to meet the candidates and get an inside close-up view of the political process. Please join other Republican women in fellowship by attending a meeting. Membership is not required to attend a meeting. "Tentatively," our next meeting is April 29. To RSVP for the meeting or for membership information please call Charlotte at (714) 846-4841 or Amy at (714) 964-4536.



David Ho and Hillary Lawrence volunteering at Michelle Steel Headquarters on election day calling to get every vote last up to the polls closing at 8:00 PM.



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Your Spring Season

April is the best of Spring when everything is alive and blooming. Spring Season for baseball winds up in March and April kickstarts the regular season when it's time to cheer on your favorite team... Dodgers? Angels? Astros fans are laying low! Allow me to use baseball as an analogy to do some spring cleaning on your financial affairs.

Walk - the easiest way to first base. Establish and maintain your emergency fund. Ready cash to handle the unexpected.

Single - risk management. Protect yourself, your loved ones, and your property. Have an expert review all your insurances - preferably by a person who doesn't earn a commission selling you that product. Independent eyes and recommendations are best.

Double - saving and investing in your 401K or IRA. Recognize that fulfilled retirement dreams start with hard work, systematic savings, and wise investing.

Triple - estate planning. When was the last time you had your will or living trust updated? Who are your back-up agents? Are they still the right persons? Have you given your health care directive to your doctor & the person you've chosen as your agent? Maybe keep a copy in the glove box of your car. Check all your beneficiary designations (life insurance, annuities, IRAs) to ensure the right people are named.

Home Run - graduate from full-time work to whatever you want. Part-time work, volunteering, golf, pickle ball, become a Master Gardener, family trips. Make it a rewarding transition.

Grand Slam - Help your children and grandchildren establish good habits in all the above. Pass on your family values of stewardship.

E-6 - (That's the shortstop making an error.) Mistakes happen in all facets of life, including our financial lives. Identify it, own it, and take steps to rectify it.

Double Play - "the pitcher's best friend." A portfolio that grows and is tax-efficient. Specific assets in your IRA, other ones in your individual or trust investment accounts. Have a professional help you with the design.

Use this Spring Season to get yourself in financial shape, tighten up those loose-ends, and get ready for a good summer. Throughout this process, please recognize that these actions are gifts to yourselves and to your family.

As you might expect, all the points above come with detailed exceptions and disclaimers that may influence how they apply to you. Before proceeding, please consult with appropriate professionals such as your financial planner, accountant and/or estate planning attorney. Or call us! We're happy to answer your questions and help you secure your financial future in 2020 and beyond.

Inspired Financial is a fee-only comprehensive financial planning firm that specializes in serving women in transition—particularly widows and divorcees. This article is intended solely for informational purposes and does not provide advice for your specific situation.

SeaGate Yacht Club

by Jackie Sands and Cindy Broz Allen



New Member's Brunch Event Hosts William Oneida and Dan Torla.



Date Night @ COSTCO Event Hosts Vaughn Jenkes, Pat Jenkes, Linda Cassidy and Jerry Cassidy.

New Member's Cruise and Brunch

The Annual Seagate Yacht Club "New Member's Brunch" was held on February 9th. The event was hosted by William Oneida and Dan Torla. With an overcast sky and rain looming, our armada of 5 beautiful yachts with 60 guests, Captains, and First mates, braved the high seas with champagne in hand. We all safely tied up at the docks adjacent to the Acapulco Restaurant where we met another 15 members who drove over by car. We assembled in an upstairs Banquet Room reserved just for us. More champagne

began to flow as we headed for an incredible array of tantalizing dishes.

Following our feast, our Commodore, Francis Okino, thanked everyone for coming, welcomed the prospective new members and encouraged us to check out all of the new merchandise at the Ship's Store, brought to Acapulco Restaurant by Laura Roskelly, Ginger Hegler, Steve Pisano and Rick Pope. In the middle of the meeting, we had a type of Bingo game created by Dan Torla to greet and meet each other. This was a great success with everyone still circulating and chatting

long after the game had ended. After more champagne, the members dispersed back to the docks where we boarded our yachts for the trip home.

A special "thank you" goes to the Captains and First Mates, for providing us with their yachts and a great day on the water: Larry and Marilyn Schwartz on TWO DOGS & A DINGHY III, Richard and Judie Kappes on LUCKY CHANGE II, Clement Aime on La FORTUNA II, Floyd and Mira D'Angelo on RO III and Robin and Jean Clark on FIN-TASTIC.

Event Hosts Brunch

The Event Host Brunch on January 19 was hosted by Commodore Francis and Aurelia Okino and the Board Members and was well attended. In all, 17 events were discussed and scheduled for 2020. The Progressive Dinner and Raft Up will be back, and a Fishing Competition accompanied by a fish fry was added. Two other events were proposed, Scavenger Hunt on the channel and Casino Night. Both could not be scheduled for 2020 but will be considered for 2021. Please visit the SGYC website for the event schedule.

Date Night at Costco

On February 22nd, as strobe and pin lights sparkled, SGYC members savored a COSTCO provisioned potluck dinner preceded by an original COSTCO cocktail mixology demonstration and tasting by Port Captain Craig Whitacre.

Prizes were awarded for the longest, shortest, highest and lowest cash total register receipts. Who left COSTCO with a \$1.50 receipt? Ginger Hegler and her food court hot dog! Participant readings of "Laugh In" inspired sayings like, "I bought my gym membership at COSTCO and now I have 36-pack ABS!" and a DJ rounded out the fun-filled evening hosted by Linda and Jerry Cassidy and Pat and Vaughn Jenkes.

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The Challenge of Gravity and Time

by Cindy Shaw, PT, OCS

These words conjure many images and thoughts for all of us emotionally and physically. A patient recently shared that an elderly woman who stood straight and worked daily at his gym told him she was there so much because she was “fighting gravity and time.” He was confident she was winning her battle. Some days we win the challenge and others we do not. We do move onward each day as right now becomes past. Beyond the philosophical discussion of time and gravity, what can we do to meet that challenge in our bodies?

Consistency of effort is the most important factor we have a chance to influence. You may have seen me use the phrase Make Time to Take Time, it is a concept we all need to embrace. That time can be moments or much more.

Many well-designed studies support the role of social engagement in health and cognition. Making time to share with friends and family that enrich your life is time well spent. On a physical level, making the effort to be active, encourages better posture and mobility.

Posture to lift up the heart and lungs and raise your eyes to look forward rather than down allows the cardio-respiratory system to work more optimally. Deep breaths to expand the diaphragm into your lower belly and allow ribs and lungs to bring in more oxygen as it literally massages your inside body can make changes quickly. Bringing shoulders down and back rather than just squeezing backward allows shoulder reach outward and upward much more efficiently. Engaging our core abdominals by

thinking of drawing your bellybutton to your spine supports your back and upper body too. “Abs before Action” is a good mantra.

A simple morning movement drawn from yoga is the sun salutation that you can incorporate even in part for balance, activating your mind and body, and facilitating upright posture. As you stand, separate your feet enough to feel balanced and stable, then take a 2-3 deep breaths, bring your arms overhead and reach them upward together, then alternately reaching further. Doing this consistently is enough to make a difference. If you are comfortable, you can add the forward bend and other components also.

Make Time to Take Time to Challenge Time and Gravity.

FINS

by Barbara Devlin

FINS Daytime Gourmet was held at the home of Barbara Devlin with Shel Grossman as co-hostess. The Valentine Days Menu started with a delicious Appetizer Crab Dip with Cream Cheese and Mayonnaise followed by Green Bean and Cucumber Salad. The entrée was Shrimp and Scallop Fettuccini served with a side dish of buttered peas and carrots. Marian Galanis asked to be in charge of dessert, and she brought a beautiful Ralph’s Store delicious strawberry birthday cake with chocolate covered strawberries for the February birthday members, Loretta Maiorana and Barbara Devlin.

Pearl Holmes arranged for the FINS to attend the Optimist Club’s 2020 Valentine Day dinner and show held at the Clubhouse in Rancho Del Rey home park. Enjoying the evening were Marge and Tom Mitchell, Loretta Maiorana, Maggie Flavia, Pat Carr and Pearl Holmes. The delicious dinner was catered by the Italian Restaurant Lucci in Huntington Beach. Loretta won a beautiful raffle prize of a succulent flower arrangement planted in a large clay pot.

The entertainment was by the Lindy Sisters who impersonated the Andrews Sisters. They sang a variety of familiar songs from that era.

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Trinidad Ladies Club

by Marilyn Schwartz



TLC members enjoying our Valentines meeting.

Hello to all of you from the members of Trinidad Ladies Club! Our TLC meeting for February and March has flown on by.

The February meeting was held at Kathy Korneff's beautiful home and of course the theme was Valentine's Day and her home was decorated beautifully!

Her co-hosted team was comprised of three helpful members: Lori Keefner, Renell Gochmen, and Debbie Cervantes. Thank you ladies for helping!

We enjoyed appetizers, wine and various drinks prior to our lunch and guest speaker. Our Guest speaker, Natasha Ruder, presented topic points in regards to addiction, treatment and after care. She educated all of us in regards to:

- 1) Gateway Drugs and Nicotine, Alcohol and Marijuana.
- 2) Addiction / Mind altering Drugs and Plants around your house.
- 3) The Opiate Epidemic
- 4) Treatments
- 5) Support / After care
- 6) Research / Articles

Our Dinner was delicious! Warm cheese and also chicken blintzes with a fabulous mushroom sauce was served. Caesar and pasta salads were terrific! Jello layered cake, as well as carrot cake, for dessert. Wine and or coffee were served through out the meeting.

Thank You Kathy for opening your home to all of us and for all of the preparation you did to make it a fun Valentine's Day for Us.

Fun Fact : Did you know that February 8th is "PROPOSE DAY?" It is celebrated as a day to propose to your significant other. A large number of people give roses to propose to their prospected girlfriend, boyfriend or best friend.

Our March meeting was held in Joyce Kolstads lovely home. Decorated festively for St. Patrick's Day.

Her co-hosted team were: Vikki Morrison, Mary Shebell and Marilyn Schwartz. Thank you ladies for helping!

Her menu choice was spot on for the occasion as we filled our tummies with warm pastrami and swiss on rye bread buttered and toasted on the grill with sauerkraut, coleslaw, and various mustards. Also a healthy great salad made with broccoli, tomatoes cheese and a light dressing. Desserts were home baked pistachio cake and sugar frosted shamrock cookies. Wine and coffee were also served.

Thank you Joyce for hosting our TLC members and prospective new members meeting and luncheon.

Fun Fact: Was there really a St. Patrick? Definitely, however, their are many legends about Him that mix with the truth. Did he play a large role in spreading Christianity to Ireland? Yes, absolutely! Did he drive all of the Snakes out of Ireland? Probably not, since snakes weren't native to Ireland to begin with.

We at TLC want to wish you and your family and friends a very happy Easter and Pesach (Passover).

Weather you are Easter egg hunting, attending mass, having a holiday meal and celebrating, or being thankful, we wish you health and happiness.

If you would like to attend a meeting with our TLC (Trinidad Ladies Club), please contact Debbie Cervantes at: debcervantes@gmail.com. Happy Spring!



Joyce Kolstad was our host for St. Patrick's Day.

La Familia

by Karen Branoff



Bill Wheeler at the monthly board meeting.

La Familia celebrated St Patrick's Day with a gathering at the home of Bill Wilson. Corned beef and cabbage dinner was enjoyed by all. We also followed the Irish tradition of libations and, of course, all things green.

Coming up in August we are planning a potluck event at the home of Peter and Shawn Hollub. Some of the people who run Orangewood Children's Home will attend and meet us all. La Familia works year round to support

Orangewood Children's Home. Each month, our President, Tim Branoff, and Vice President, Bill Wheeler, attend the meetings at Orangewood. The board listens to requests from representatives for the different age groups and they decide which requests are to be granted. At the last board meeting, the Orangewood staff brought in 15 residents ages 7-17 to thank the board for being able to participate in a "Snow Day". Almost all had never seen snow or played in the snow before this day. This event was funded by La Familia. So a big "thank you" to all of our members who donate, pay their membership dues, enjoy the Christmas Tree Wonderland and have fun at events such as our St Patricks party.

Donations given in memory of Mim Strickler are being used to fund their music department.

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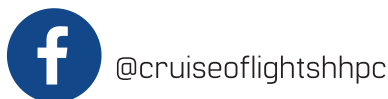


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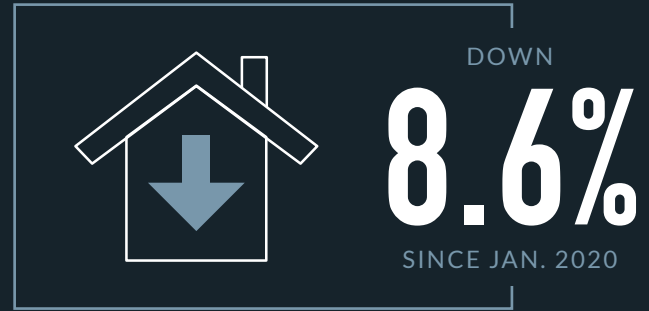
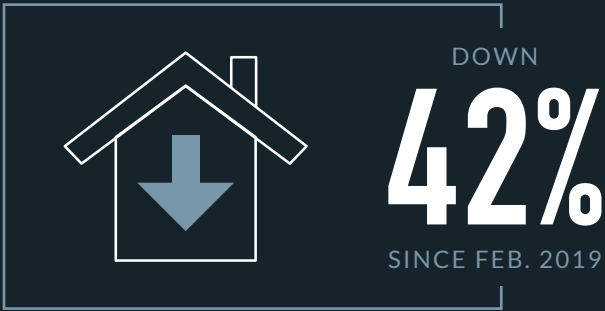
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**PHILHARMONIC SOCIETY
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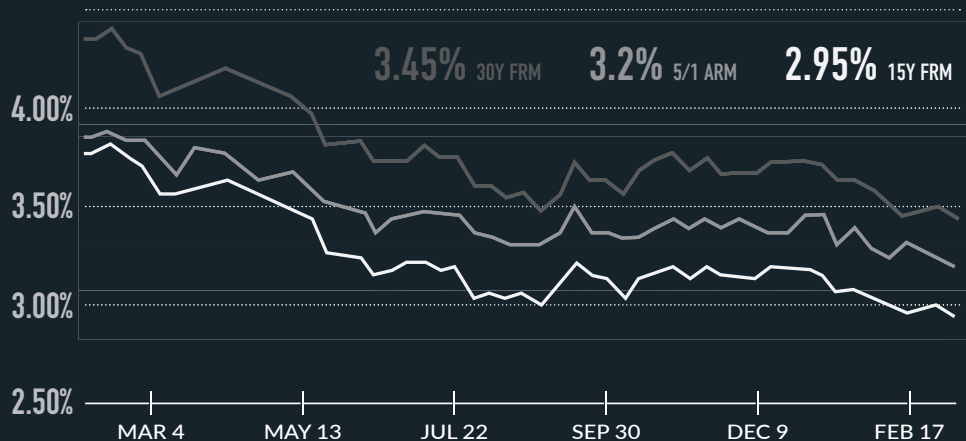
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