

# HARBOUR LIGHT

*The Original Magazine for the people of Huntington Harbour*

Volume XLIX

Our 49th Year in the Harbour

No. 4

## Concert in the Park, August 11th, 4:30PM-6:30PM



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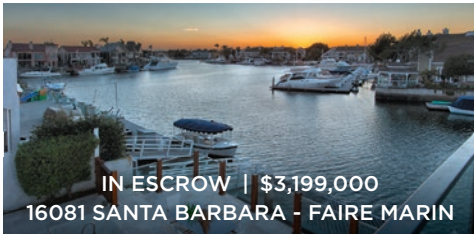
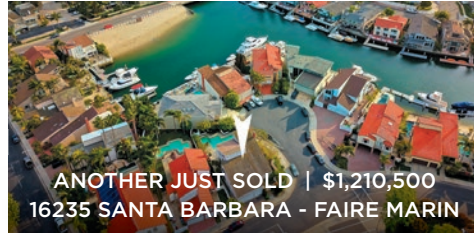
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# HARBOUR LIGHT

For and about the PEOPLE of  
Huntington Harbour, since 1970

Published by Boris & Dorothy Ralphs

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August 2019

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## On the Cover

The annual "Concert in the Park" draws lots of people and they have lots of fun. Don't miss it on August 11, 4:30-6:30PM, at Harbour View Park.

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# Huntington Harbour Garden Club

by Doreen Hill



*Urban Forest excursion, L to R: Barbara Devlin, Kay Sullivan, Pam Smart, Pearl Holmes, Jo Andrews, Janet Johnson, Lara Anderson and Doreen Hill.*

We had a wonderful year filled with many interesting programs and ended it with a guided tour, led by Jean Nagy, President of HB Tree Society, of Huntington Beach's hidden gem "The Urban Forest". It is a passive park (no potable water) at 6711 Ellis with lovely views of the equestrian center and wide trails. Home to over 7000 trees and California native plants, all have been planted by volunteers over the last eighteen years with the HB Tree Society spearheading this effort. Future goal is to establish a nature trail from Shipley Nature Center to the seashore. Volunteers work Thursday and Saturday mornings and welcome more community involvement.

Our June installation luncheon was held after our tour, at Kathy May's Lakeview Café in Central park. Most of the club officers are continuing to serve another two- year term: Doreen Hill President, Betty McCarthy First Vice President Ways and Means, Open position for Second Vice President Programs, Pearl

Holmes Third Vice President Hospitality, Jo Andrews Secretary, Pam Smart Corresponding Secretary, and Mary Johnston Treasurer with Elise Masseling as Parliamentarian.

Huntington Harbour Garden Club supports the horticultural endeavors at Edison High School, Golden View and Harbour View Elementary Schools. We were pleased to receive a custom-made thank you card and envelope from the students at Edison High School, complete with pictures of them working in their therapeutic garden and harvesting vegetables to be used in culinary class. Next year we plan to visit the schools and learn more about their various projects.

We do not meet in July and August, but feel free to come to one of our third Tuesday meetings at 10 a.m. September through June. Call our membership chair, Connie Mandic for details at (714) 377-0017 or Doreen Hill at (714) 878-3011. Hope to meet some new neighbors in the coming months!

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### **ARTICLE DEADLINE for the October issue is September 3rd**

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Or mail them to: Harbour Light Magazine, 16458 Bolsa Chica Street Box #507, Huntington Beach, CA 92649

# Assistance League of Huntington Beach

by Diane Dwyer



Assistance League was well represented at the 4th of July Parade.

## Assistance League of Huntington Beach Parade Ready

Assistance League chapters across the nation love to show their spirit to their community. One of the key ways is by participating in parades and other community events. Everyone loves a parade and there is nothing greater than a parade to whip up the spirit and love we feel for the children and adults we serve.

For Assistance League of Huntington Beach, the 4th of July Parade is their favorite of all events. The Huntington Beach 4th of July parade is the largest parade west of the Mississippi and is seen by over 500,000 people lined up on Pacific Coast Highway and Main Street. They have participated in the parade since 2013, have been featured on ABC and on the local Huntington Beach station – Channel 3. The feedback from the crowd is amazing as the community shows their thanks for what Assistance League does. There is no greater feeling than being recognized and cheered on by people in the crowd. Did you know that they originally participated in the parade in the 60's.

The 4th of July parade is the first event of the 2019-2020 fiscal year and is the perfect beginning to what will lead into our 70th anniversary year. But, it is not all about parades and other events. Assistance League shows our love for our community through the programs we manage throughout the year.

Assistance League's year goes from June 1st – May 31st. Now we can celebrate a year of giving back to our community

through our programs focused on basic needs, education and self-esteem. During the 2018 – 2019 year, our members volunteered 66,000 hours and we gave back over \$741,000 in goods and services to Huntington Beach, Fountain Valley and Westminster.

### Highlights of our program successes include:

- 2,802 elementary, middle-school and high school students served by Operation School Bell® providing them the opportunity to shop for school clothes and shoes;
- 251 Links to Learning HB monetary awards to elementary and middle school teachers which allows these teachers to improve the learning experience for their students;
- 36 scholarships to nursing students;
- 46 Operation New Beginnings scholarships:
  - 10 Police Academy veteran college students
  - 16 full-time veteran college students
  - 20 single parent college students
- 18 scholarships to college-bound graduating seniors;
- financial support from DreamCatchers to 44 disabled or impaired therapeutic horseback riding students;
- grocery cards, transportation vouchers and personal items donated to 400 homebound seniors by DreamCatchers designed to help them remain independent;

- \$13,400 in grocery and other goods donated to Veterans Resource Centers at local colleges;
- 1,386 comfort bears donated to local hospitals by Operation Bear Hug;
- 120 adults and 89 children (total of 209) in crisis helped by Operation New Beginnings;
- and 78 single parents were able to have a birthday celebration for their child through an Assisteens® program called "Birthday in an Envelope".

We love our community and will continue to achieve our mission of ... "transforming the lives of children and adults through community programs".

### Here's how you can help us do more:

- You can help us "make a difference" by donating your gently used clothing and household goods and shopping at the Assistance League Thrift Shop, 8071 Slater Ave (just East of Beach Blvd.), Huntington Beach. We're open Tuesday, Wednesday, Friday and Saturday 11:00 am – 3:00 pm and on Thursday 1:00 - 5:00 pm.
- We are now on ebay, so shop with us at: [www.ebay.com/usr/assistance\\_league\\_of\\_huntington\\_beach](http://www.ebay.com/usr/assistance_league_of_huntington_beach)
- Make a cash donation to Assistance League of Huntington Beach. To make a donation, go to our website [www.ALHB.org](http://www.ALHB.org) and click on the Donate tab.
- Like us and learn more about us on Facebook.

# Seagate Yacht Club

by Pam Dake Jackson



Cruise Hosts: Rich Maier and Diane Kaplan.

Before I report on the great events we've been having, on behalf of all the SGYC members, Cindy Broz Allen and I want to pass along a great big thank you to Boris and Dorothy Ralphs and Keith Plucker of the "Harbour Light" magazine for putting Seagate Yacht Club on the cover of your June magazine. We greatly appreciate all your support. We also want to thank Captain Robin and first mate Jean Clark for being the lead boat in the Opening Day parade again this year.

## Ensenada Cruise Notes

Diane Kaplan and Rich Maier were hosts of a 4-day Carnival Imagination Cruise. There were 36 SGYC party goers. Each cabin had a bottle of Champagne and chocolates, compliments of Carnival and we received a complimentary SGYC Group Picture. Diane made cabin signs for everybody so everyone could find their way home to their temporary address. All ate in the dining room and feasted on a variety menu of appetizers, surf and turf, salmon, baked Alaska and more. The First port was Catalina, for shopping and dining. On to Ensenada, for more shopping, eating, drinking and partying. Everyone dressed up for an elegant Captain's night. Many enjoyed the casino, shows, putt-putt golf and a wide variety of activities. There was tons of laughter and fun. On the last night everyone had a white chocolate SGYC anchor at their seat. They were handmade by Diane (who is well known for her creativity). We need to do this one again soon.

## Night At The Races Notes

We had our annual night at the races in June. Vice Commodore Francis and Aurelia Okino hosted this event again with their Co-hosts Lucille and Eugene Mascoli and Jackie Sands. This is always a favorite of the members. Our reserved seating in The Los Alamitos Club level on the Jet Deck balcony included a




Night at the races Co-Hosts Eugene and Lucille Mascoli and Hosts Aurelia and Francis Okino.

delicious buffet. The buffet featured fruit salad, house salad, grilled vegetables, oven roasted potatoes, grilled chicken breast with lemon herb butter sauce, marinated tri-tip and rolls. To top it all off was apple or peach cobbler with vanilla ice-cream, coffee and ice tea. Congratulations to the "parade of the ascot hat" winners. Cash prizes went to #1 Helene Rowlette, #2 Susan Westover Giali, and #3 Commodore Erlene Pace. The 50/50 Winners were Nicole Gilberts, Shirley Cravens, Donna Walter and Vice Commodore Francis Okino. Trivia

contest winners were Charles and Helene Rowlette, Michael and Lolly McHardy and Donna Walter.

## Tuesday Cruzin'

Thanks to Sharon and Mike Courtway we are having our always popular summer Tuesday Cruzin'. Eight Tuesday's during the summer, we pile into boats, Duffy's and cars for dinner and socializing at Pelican Isle. Our generous boat, Duffy and car owners are always happy to transport the rest of us. This is a time to socialize with members over Taco Tuesday selections or just off the menu.



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# Anglers of Huntington Harbour

by Kathy Bayless



Anglers of Huntington Harbour Past President Bruce Bayless, former Marina High School Principal Paul Morrow and 2nd Vice President Phil Lupton on the 48th Annual Kids Fishing Trip.



Anglers of Huntington Harbour Tournament Co-Chairs Bob and Connie Mandic and their daughter Kelly hosting the AHH Member Fishing Tournament BBQ Bash.

## Annual Kids Fishing Trip

At 6:30 am the morning of May 29th nine Anglers of Huntington Harbour were aboard the 80 foot "Freelance" at Davey's Locker in Newport Beach setting up rods and putting hooks and sinkers on lines as 47 kids and counselors from 4 Huntington Beach middle and high schools arrived. For the past 48 years the Anglers have taken at-risk children in our community on an unforgettable day of deep sea fishing. 27 years ago, the Anglers partnered with Dr. Paul Morrow, former principal of Marina High School and the Huntington Beach Schools at-risk program where the Kids Fishing Trip is used as an incentive to motivate children who are falling behind to get back on track. The trip has become a life changing event that adds joy and meaning to the lives of these at-risk children. This year's trip was coordinated by the Anglers 2nd Vice President and Kids Fishing Trip Chair Phil Lupton. The fishing was great and the kids caught a record 374 fish including Sculpin, White Fish and Sand Dabs. It was heartwarming to see the kid's faces light up with excitement as they caught their first fish of the day and

for some the first fish ever. Trophies were awarded for 1st, 2nd and 3rd Heaviest Sack and 1st, 2nd and 3rd Largest Fish. In addition to breakfast, lunch, snacks and the trophies each child received a picture catching a fish and their fish were cleaned by the crew to take home for dinner. This year's photographers were Bruce and Kathy Bayless. Anglers helping the kids bait hooks and catch fish on this year's trip were Phil Lupton, Bob Hetzler, Mike Concannon, Bruce Bayless, Dave Casey, Nick Peoples, Kathy Bayless, Mike Myers and Jim Persons.

## May TGIF

Friday evening May 31st nearly 50 Anglers and guests gathered at the waterfront home of Linda Sackin for the groups May TGIF. Each of the Anglers brought one of their favorite appetizers or desserts to be enjoyed by all as they socialized on the Linda's waterfront patio and discussed upcoming activities like the June Members Fishing Tournament and the July Duffy Cruise and Dinner at Mike and Pam Myers. Members in attendance who were celebrating May birthdays included Jo Andrews, Mike Myers, Kathy Byrne and Don Howland.

## AHH Member Fishing Tournament

At 7:00 am Saturday, June 8th, 13 Anglers aboard 3 member boats dropped lines in the water to kick off the annual AHH Member Fishing Tournament. This year's event was organized by Tournament Co-Chairs Bob and Connie Mandic. Participants included Phil Lupton, Kathy Bayless, Mike Myers, Bob Hetzler, Nick Peoples and Jim Persons aboard Phil Lupton's "Game On"; Bob Mandic, Ron Moreland, Terry Richardson and Helene Rowlette aboard Bob Mandic's "Hot Reels" and Andrew Anderson, Storm Anderson and Shay Anderson aboard Andrew Anderson's "All Bite". The boats fished the IZOR bank and caught sand bass, calico bass, rock fish, tom cod, sculpin and sand dabs. After lines out at 12:00 noon the boats returned to the Harbour and gathered at Bob and Connie Mandic's for awards and a BBQ on their waterfront patio. There was an abundance of great food prepared by Connie and their daughter Kelly. Bob Mandic awarded the Grand Prize (most species) to Mike Myers and the Super Prize (largest fish) to Helene Rowlette.

## Upcoming Events

In 2019 the Anglers of Huntington Harbour are celebrating their 55th year in the Harbour and have many exciting social, fishing and philanthropic activities planned including Evening on the Bay at the home of Rob and Gail Sebring August 24th and the September TGIF at the home of Rich and Jan Hornstein September 27th. If you live in the Harbour and want to be considered for one of our open membership positions and attend one of our events, please call membership chair Paula Hetzler at (714) 969-2570.

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# La Familia

by Mary Busché



*Sitting: Mim Strickler - Standing, L to R: Reyna Garcia, Angie Kessell, and Sparky Ferguson.*

Wow! “And they’re off and running.” Memories of this saying came back to me at our fun Kentucky Derby Party. As a kid I went to Hollywood Park with my dad to see the horses run on my 16th through 21st birthdays. Yes, we did win often.

Mim again graciously hosted our

Derby Party. This year’s race was quite exciting as we all had a horse we were betting on. The winners were excited to be called only to be soon told they were not the winners. There was a protest and the horse that crossed the finish line first was disqualified. Boo Hoo. The new

winners were, First place: Rayna Garcia and Angle Kassell. Second place: Jean Clark and Mim Strickler. Third place: Sparkey Ferguson and Eve Jordan. Congratulations to all the winners, they can be seen in the picture above.

For our non-race winners, Norma Cowles was a winner for her gorgeous hat and Terry Ferguson, a guest of Virginia Kellogg, was the winner of the best dressed men (both pictured below.)

It takes a lot of work to put on such a fabulous party. Mim prepared her great party room. The very talented Darryl Isaac used her creative ability to create a great atmosphere with her decorating skills. The beautiful hats and gentlemen’s suits added to the fun. Nancy Kasabali and Mim Strickler checked members in and sold race and drinks tickets.



*Terry Ferguson and Norma Cowles.*

Virginia Kellogg prepared Bourbon chicken liver Pate, Hot Brown dip with Bourbon and veggies and Bourbon Burgoo which is like a stew, but so much better. She also make Bourbon corn bread. Darryl made the yummy chocolate Bourbon Pecan Pies. Our own dear Reyna Garcia was our talented bar tender and made Mint Juleps and other requested drinks.. No, we didn’t get high only happily contented with such a fabulous meal and great company.

We were happy to welcome guests Terrie and Sparky Ferguson and hope they had enough fun to want to join our wonderful group.



“We wanted to get it right from the beginning with no regrets in the future.”  
– Mel Williams

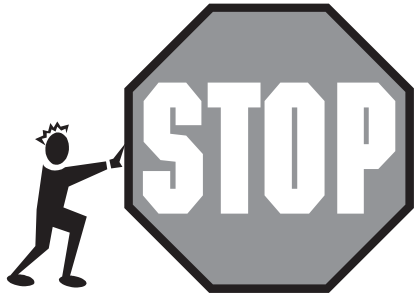
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# Sacramento Craziiness

by Frank Singer



Ok, so I changed the title again, even though for the time being this once again affects only main and mid channel Huntington Harbour waterfront property owners. Have any of you ever heard of a property tax called “Taxable Possessory Interest?” This is not a new tax. Sacramento just realized it can squeeze out a few more dollars from us, not much, but some. Taxable Possessory Interest (TPI) puts a value on anything the government owns and leases to you and then taxes you for the value of that

lease. Here in Huntington Harbour only about 250 dock owners out of the 4,500 docks in our harbor are affected because the State owns only the main and mid channels. If our city can annex these water ways we will be in a much better position and I have been urging the City Council to do so.

So far here in Huntington Harbour, property owners on the main and mid channels need to lease the water and air your dock and cantilever deck occupy. TPI suggests that this lease has value and will therefore assess your property with that value. In my case they value my lease at \$9000 which requires me to pay a separate property tax a little over one hundred dollars. Its not that much so I guess most of us won't spend a lot of time and money fighting this. Talk about double taxation, this is nothing more than using a belt and suspenders to “hold us up”.

If you haven't got this new assessment yet, just wait, you will eventually get a letter from our tax assessor.

I rent a tie down space at John Wayne Airport from the county. Sure enough, once a year I get a tax assessment notice (TPI) for the value of the lease covering the 2,500 ft. of space I lease. The tax is only around \$100 a year, but what is next? This is just to alert you of what is coming next with Sacramento's insatiable thirst for money. I can't imagine what comes next, by this death of a thousand cuts.

Sacramento will eventually realize how many will leave the State (or come here) with the highest individual taxes in the nation. Yes the weather is nice, but...?

Frank Singer, email: franksinger13@outlook.com (714) 840-6476 office (714) 390-1725 mobile.

# Stand Up Straight!

by Cindy Shaw, PT, OCS

We have all heard this suggestion, or command as it may have been, all our lives. I credit my grandmother for influencing my career as a Physical Therapy Spine Specialist, “tall girls look terrible when they slouch.” Actually we all look less attractive, bright, and confident when we slouch. An upright posture is emotionally and physically empowering. Speech is clearer and carries much better without compression in our chests, and eye contact is more natural.

In the physical realm, lung volume and heart function for breath and blood flow that efficiently exchanges oxygen and carbon dioxide is measurably improved with good posture. Our muscles function better when their alignment and leverage for balance, strength and movement allows full length contractions. There are so many physical benefits, I could go on and on, just ask me anytime!

What can you do to start to make a change if you need to? Standing with your back against a wall and your knees very slightly bent, practice stretching upright so that your buttocks and mid back both touch the wall. Your eyes should

be straight forward as your head reaches back to the wall. There should be a small gentle gap behind your low back and your neck. Both a flat back with your bottom tucked under, and a back with a big curve and your stomach pushed forward put extra strain on your spine. Practice every day for a minute or two and you will make a difference!

As this becomes easier, try straightening but not back bending your legs and bringing your arms out and back to touch the wall in a “T” shape. As you come up

straighter, tightening your abdominals in your spinal core as well as the muscles around your spine creates the support you need to stay straight. Think of bringing your belly button toward your spine. This engagement of supportive muscles is essential to being able to stand and walk straight so you look as smart as you really are.

If your body feels too tight or hurts to stand upright, Get the medical help you need to make the changes for more active healthy posture.



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# Huntington Harbour Yacht Club

by John de la Haye, Vice Commodore



*Opening Day last month with our flag officers, photos taken by Art Doble.*

We had our biggest day at Huntington Harbour Yacht Club as we opened our club for 2019. Opening Days happen all over the California Coast starting in January. When Yacht Clubs started back east they would close down during the winter due to ice and weather, but as we know we don't have much ice. We still hold the tradition every year and have a "reopen the Harbour event" though

we only close it for a few hours to open it up again. If we start having ice in the Harbour we all need to worry.

During Opening Days we invite all the Flag Officers from local Yacht Clubs along with political representatives that represent our area. Lyn Semeta from our City Council came this year to represent Huntington Beach along with other local politicians and dignitaries.

The Huntington Harbour Yacht Club, located at 3821 Warner Avenue, has a full menu seven nights a week, activities on all major holidays and six cruises each year starting in March till the end of summer. 15+ boats generally attend each cruise and we visit local yacht clubs, Avalon, and the Isthmus. We hope everyone has a wonderful summer.

## Sea Belles of the HHYC

by Ship's Hailer Lara Anderson



*Sea Belles in their best hats at Sunday Brunch.*



*Sea Belles in their best hats at Sunday Brunch.*

Our Sunday Brunch Social on June 2nd was a "wear your best hat" theme and Sea Belles members did not disappoint! There was a spectacular display of a variety of hat styles and our winner was Norma Cowles.

More fun is coming to your calendar! Although our regular Wednesday lunch meetings are dark for the summer, we had a board meeting in June and finalized

dates for the following events, watch for more details coming soon:

August 25, 2:00-6:00 Sea Belles Social at HHYC, September 4, our regular monthly meetings and lunch resume, September 21, Caribbean Nights event at HHYC.

You're never attending an event alone if you're a Sea Belle. There's often a group

of us at HHYC events and you're more than welcome to sit with us. If you're a new member of HHYC, we'd love to welcome you and have you join the Sea Belles. Check your new member packet for information or ask the front desk for the membership form. Stop by the club or go to [www.HHYC.org](http://www.HHYC.org) for more information. Sea you at the Club!

# Sea Isle Garden Club

by Caron Mount



*Across from Montego, this Matillja poppy is about 12" tall, but has a large fried-egg shaped poppy.*

Sea Isle Garden Club has been monitoring the 24 Matillja poppy plants which the club planted in late December. All those weeks of rain from Mother Nature kept the plants well watered, so members had only one week when the plants had to be hand watered. On May 1st we saw our first flower appear on one of the plants across from Bimini in Seagate. Since then, the established stand, east of Bonaire, has had dozens of the white frilly



*Pictured with the established stand of poppies, east of Bonaire, L to R: Caron Mount, Jackie Neil, Lucille Mascoli, and Cindy Allen.*

blooms with their golden yellow centers showing around the bougainvillea. These are growing up to 4 or 5 feet above the ground, surrounding the bright red bougainvillea, with the pink purslane mixed framing the base of the plants. These can be seen from the walkway and street side of the Edinger Parkway.

Anne Blyden and Caron Mount did a survey of all the plants in May, with 13 of the plants showing signs of thriving.

On June 24, Caron was joined by Lucille Mascoli, Cindy Allen, and Jackie Neil to get an update. One 3-foot tall plant at Bonaire had 6 flowers, and the small plant, pictured below, across from Montego, is just about 12 inches tall, but has a large fried-egg shaped poppy.

The Trinidad and Bravata locations have plants that are not yet showing flowers, but we are still hopeful that more of these beauties will show their glory.



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# Huntington Harbour Art Association

by Jackie Dvorman



HHAA New Board, L to R: Back row - Marsha Hendler, Gerry Reed, Linda Morrow, Pam Smart, Doreen Hill, JoAnn Rossi, Kathleen Moore, Barbara Simone, Jacqueline Dvorman, Barbara Larson, Betty Viers - Front row: Rhea Black, Janet Johnson, Pat McKenna, Nancy Phillips, Kay Sullivan

What fun the members had at the Garden Grove Gala Fund Raiser titled "Dress to Inspire" with their imaginative and inspiring clothes. Pam Smart draped herself in an antique tale cloth, and Janet Johnson, always inventive, wore an ensemble called Attic Treasures, and Pat McKenna wore a tuxedo with treasured items, buttons and ribbons from Spain.

The members and their friends visited the Bowers Museum in Santa Ana to experience the exotic garments created by Guo Pei. Each garment was more unbelievable than the next in their

artistry, design, and exquisite materials. We had lunch on the patio and came back down to earth into our world of simple, wearable garments.

From fanciful to the everyday world of macrame was enjoyed when Marsha Hendler opened her home to members and Kathleen Moore brought back the fun and creativity of the knot-tying craft allied Macrame. We all have samples of this craft somewhere in our homes, but Kathleen taught new techniques and materials to create modern usage tying knots and weaving patterns far beyond

just wrapping string around pots and planters. The members went home laden with new techniques. and new enthusiasm for the craft.

The annual trip to the Laguna Beach Festival of Arts in July acquainted us with favorite artists of other years and introduced new talents as we strolled the booths and met new artists.. Luncheon was held on the hillside restaurnt, Terre, among the trees and blooming flowers.

It was an eventful summer for the group who is looking forward to the exciting plans for the fall season.

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# Huntington Harbour Republican Women Federated

by Annette Eliot



We could not have asked for a nicer or more beautiful day for the Huntington Beach 4th Of July Parade. The HHRWF parade entry this year consisted of two coaches, one Cinderella and one wagonette pulled by beautiful white Percheron horses. HHRWF members participating this year in the parade were Heidi Abel and David Ho, Kathy Buck, Linda Carl, Ellen Christiana, Luann Hallett, Burdett Hallett, Dorothy Nalbandian, Sandie Nutting, Sue Phipps, Ann Marie Cox, Nancy van der Plas, Tina Vo, and Eva Weisz.

Our club is on hiatus until August. Then we regroup in August with featured speaker Carl DeMaio. This will be an outstanding program. DeMaio is the champion who led the fight trying to stop the gas tax with Prop 6. He continues to lead the fight against imposed over taxation being dictated from Sacramento. It's going to be an insightful meeting, please join us. Taking reservations now (714) 846-4841 or (714) 964-4536.

Need to register to vote or know someone that does? Huntington Harbour Republican Women Federated will be registering voters at the Orange County Fair from July 12 - August 12. Check the fair guide for our location, look for the Orange County Republican Booth. Come out and see us to say "Hi", we'd love to meet you.



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*Interested in having your home in the home tour? Call Charlotte (714) 846-4841. Realtors welcome.*

# Grilled Spicy Buffalo Wings

by Cathy Thomas

My street is generally horn-free, except that day years ago when grilling guru Steven Raichlen parked out front. Not only was his big yellow bus emblazoned with his grinning, bigger-than-life image, but a five-word “commandment” beckoned drivers to join in the fun. Bold, black letters instructed them, “Honk if you love BBQ.” Some were short, shy beeps. Others were block-long booming affirmations. It was summertime in California, and everyone seemed to love barbecue.

Steve Raichlen, multi-award-winning cookbook author, had been on the road for more than four weeks when he arrived in Huntington Beach. At the time he was promoting his book, “BBQ USA.”

One of the luscious things he grilled that day was his take on spicy Buffalo Wings. Here is his recipe:

## **Buffa-Que Wings (Yield: 32 pieces)**

16 whole chicken wings (about 3 1/2 pounds) For marinade: 1/2 cup hot sauce, such as Tabasco, 1/2 cup fresh lemon juice, 1/4 cup vegetable oil, 2 tablespoons Worcestershire sauce, 4 cloves garlic, minced 2 teaspoons coarse salt, 1 teaspoon freshly ground black pepper.

For mop sauce: 8 tablespoons (1 stick) salted butter, 1/2 cup hot sauce, such as Tabasco.

For grilling: 1 1/2 cups wood chips or chunks, soaked 1 hour in water to cover

For serving: celery sticks and blue cheese dressing

1. Rinse wings with cold water; pat dry with paper towels. Cut tips off and discard; cut each wing into 2 pieces through joint. 2. Prepare marinade: Whisk hot sauce, lemon juice, oil, Worcestershire sauce, garlic, salt and pepper in large nonreactive mixing bowl.



Stir in wings; cover and refrigerate 4-6 hours or overnight, turning occasionally. Prepare mop sauce: Just before setting up grill, melt butter in small saucepan over medium heat; stir in hot sauce. Set up grill for indirect grilling, arranging coals on opposite sides, leaving center areas without coals; place drip pan in center. OR, for a gas grill with 2 burners, light gas on 1 side; food will go on unlit side (on a 4-burner gas grill, light the outside

or front and rear burners and place food in center). Place drip pan under where food will go. If using charcoal, toss a handful of soaked wood chips on coals. If using gas, place soaked chips in smoker box, or make pouch with aluminum foil and use high heat until you see smoke, then reduce to medium. 3. Drain marinade off wings; discard marinade. Brush and oil grill grate. Place wings in single layer right next to one another on grate over indirect heat (over drip pan). Cover grill. Cook until skin is crisp and golden brown and meat is cooked through, 30-40 minutes. During last 10 minutes, start basting with mop sauce. Serve with blue cheese sauce and celery. Source: “BBQ USA” by Steven Raichlen.

*Cathy Thomas, award-winning food writer, lives in Huntington Beach. Read more about her culinary escapades and sign up for her e-newsletter for food lovers at [CathyThomasCooks.com](http://CathyThomasCooks.com).*

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# FINS

by Barbara Devlin & Pearl Holmes



*Fins out to lunch at Marie Callendars: 1st row: Pearl Homes, Rita Collins, Gloria Sliney, June Ascolesi, 2nd row: Pat Carr, Maggie Flavia, Betty McCarthy, Mary Johnson, Barbara Devlin, Loretta Maiorana*

Marge Mitchell hosted FINS UNO Group in June just before she left on a three week Baltic Cruise trip to see Sweden, Finland and Denmark. Low Score Winner of the Day was Barbara Devlin with Evelyn Bishop the High Scorer of the day. Other members enjoying the game

were Loretta Maiorana, Mary Johnston, Doreen Hill with Tom Mitchell joining us for the last two games after he came home from a Dr. appointment. Marge served members a delicious pineapple "Upside Down" cake.

Mexican Dominos were played at the home of Mary Johnston in June with the winner of the day being Maggie Flavia. Pearl Holmes, Barbara Devlin, and Marge Mitchell also had a fun time playing the game that day.

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# Huntington Harbour Philharmonic Committee

by Lara Anderson



*HHPC Incoming board members.*

Keep up with all the latest updates and news on our official Facebook page: [CruiseofLightsHHPC](#) and on Instagram at [CruiseofLights](#).

Congratulations to our rock star “Volunteers of the Year” who were recognized along with the outgoing and incoming HHPC boards at our Installation event on May 9th at the Old Ranch Country Club: Elizabeth Henry, Jeanne Caille, Coralie Prince, Nicole Stewart, Susan Qaundah, and Gloria Souders. 25-year members were presented with a silver pin: Caroline Bell, Lauren Claus, Marlene Nielsen, Robin Silver, Ellen Martin and Diane Rector. Outgoing President Carol Ventura passed the baton to incoming President Patty Reilly.

Are you living your Rock & Roll Fantasy? We have a few Harbour residents who actually are, but fortunately for the rest of us, that’s the decorating theme for the 57th Annual Cruise of Lights® and Huntington Harbour Boat Parade!

Start planning your holidays. The Huntington Harbour Boat Parade will be on December 14 and 15, and we’re running the Cruise of Lights® this year consecutive nights from December 17-23. If you have guests coming from out of town, it’s a great evening on the water, assuming we all do our part and decorate, otherwise it’s a going to be a “meh” evening so don’t skimp on lights! The proceeds from ticket sales benefit a really great cause. I have a good feeling about this year, word on the street is Rob and Gail Sebring are doing something special to their Main Channel display and the Rock & Roll Fantasy theme is inspiring unique ideas throughout the Harbour.

Our Holiday Boutique is coming to the Huntington Harbour Place Mall. It will be held Friday, October 18, 10 a.m - 5 p.m. and Saturday, October 19

10 a.m. - 4 p.m. Vendors are wanted! If you’re interested in selling your wares contact [hahpcboutique@yahoo.com](mailto:hahpcboutique@yahoo.com).

Did you see some of our members with the Music Mobile in the Huntington Beach 4th of July Parade? That Music Mobile really gets around! There’s actually more than one, but they both put on a lot of miles going to schools in Orange County where volunteers do a presentation of musical instruments to students.

Stop by and say “hi” at our table at the Concert in the Park on August 11, 4:30-6:30 p.m. in Harbour View Park. We’re co-hosting this year with the Huntington Harbour Property Owners Association. We’d love to meet you and answer any questions you have about who we are, what we do, and how you can join us.

We are introducing a new event in September, a Wine and Craft Beer Tasting at the Huntington Harbour Yacht Club on September 14, 6-10 p.m. (If you only take a few sips of a particular beverage and never technically finish an entire glass, it doesn’t really count, does it?) Watch for more details and how to get tickets on our Facebook page, or call or visit the Philharmonic Office at the Huntington Harbour Place Mall.



*HHPC Volunteer of the Year--Elizabeth Henry*

## 2019/2020 HHPC Board Slate:

- Chairman - Patty Reilly (T)
- 1st VC Chairman-Elect - Barbara Sentell (MWJ) & Maggie VanEck (MWJ)
- Exec VC Parliamentarian - Carol Ventura (A)
- 2nd VC Ways & Means (Boat Parade/ Cruise of Lights®) - Cleve Sproule
- Ways & Means (Boutique/Attic Treasures/Jrs) - Roxanne Talley (A)
- 3rd VC Cruise of Lights® - Lolly McHardy (SP)
- Assistant Cruise of Lights® - Patty Reilly (T)
- 4th VC Membership/Annual Fund - Ellen Martin (T)
- 5th VC Public Relations - Lara Anderson (MWJ)
- Administrator, PR - Charmaine Rood (A)
- 6th VC Boat Parade - Bill Wheeler (A)
- Recording Secretary - Maggie VanEck (MWJ)
- Corresponding Secretary - Roberta Swain (MWJ)
- Treasurer - Sharon Larson (I)
- Assistant Treasurer - Debbie Edwards (SB/SP)
- Grand Marshal Event - Jeanie Gibson (I)
- Music Education, Music Mobile - Teri Adams (SP)
- Music Education, Ushering - Karen Tribble (SB)
- Juniors Advisor - Elizabeth Henry (I) & Rachel Helgeson (I)
- Special Projects, Boutique - Kelly Haynes (MWJ) & Karen Ridout (MWJ)
- Special Projects, Attic Treasures - Susan Lipman (SP)
- House of Design Liaison - Barbara Sentell (MWJ)
- Hospitality - Dee Holte (T)

# Huntington Harbour Boat Parade

by Lara Anderson



What!? You're not thinking about Christmas and Hanukkah right now? We are! (And pretty soon the retail stores will be too. Seems like Costco gets the holiday wrapping paper, toys, and gift baskets out earlier and earlier each year.)

Hopefully you've been forming great ideas for this year's Boat Parade and home decorating theme, Rock & Roll Fantasy. It was the intention of Grand Marshal Larry Gottlieb to have a fun theme that would lend itself to a variety of interpretations and endless decorating possibilities. He's already started by hanging up the Rock & Roll Fantasy banner on his house on the Midway Channel!

We've been updating the website: [www.HHBoatParade.org](http://www.HHBoatParade.org) and all the info on how to enter is there. Sign up early to make sure you stay informed with the latest developments. The Boat Parade is scheduled for December 14 and 15, but beforehand there is a skipper's meeting and you'll want to put the Trophy Presentation Brunch on your calendar.

Did we mention there are trophies? We've even added a new category this year, the "People's Choice Award." Grand Marshal Larry had the idea for that one and has a connection who can set up a vote-by-text system so everyone watching the parade can vote for their favorite entry

live as the parade is happening. Check out the website for the list of all the other categories and see which ones you might want to "stack the deck" to try to win!

The boat parade is an all-volunteer effort of private boats organized by the Huntington Harbour Philharmonic Committee. Our boat parade is intended to be the HHPC's show of appreciation to the waterfront and off-water Harbour residents for decorating their homes and supporting our efforts to raise money for youth music programs through a separate event, the Cruise of Lights®. The Cruise of Lights® is a major fundraiser which sells tickets to the public to view decorated homes from chartered boats and busses (tickets make a great gift!)

The boat parade is free to watch, but this year instead of just being a spectator, enter your boat, (or a friend with a boat) and be part of it! (Especially those of you who like to drive around the Harbour all summer blasting music...You can subject everyone to your playlist in December and people will appreciate it rather than be annoyed by it.) It's a party on the water—join the fun!

## HHPC: Juniors

by Elizabeth Henry and Rachel Helgeson



*L to R: Aidan Murphy, Landon Gochman, Jack Helgeson, Ashley Ouellette, and Sophia Dwyer at the HHPC 2019 Grand Marshal Event.*

Members of the Huntington Harbour Philharmonic Juniors have taken a well-deserved rest for the Summer. This hard working group of high school students was instrumental in raising over \$14,000 for the music education programs of the Philharmonic Society of Orange County. In addition to hosting and modeling

in the organization's annual fashion show, the teens also cleaned the waters of Huntington Harbour, contributed making the holidays more festive for the kids at Robyn's nest, and came along side to help the HHPC at the Cruise of Lights® and their annual Grand Marshal event. The Juniors meet monthly from

September through May and membership is open to all local high school students.

The first meeting of the 2019-2020 year will be Sunday, September 22nd and all eligible teens are invited to attend.

For information about the club and more specifics about the meeting, email [HHPCJuniors@gmail.com](mailto:HHPCJuniors@gmail.com).



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# Supporting Your Grieving Friends

In June, Leslie Rea MBA CFP® attended a master class in Chicago on "Communicating with people going through the toughest times of their lives." Below she shares three things that she learned:

## **1. Grief is more common than we think.**

Grief is associated with death because it is the most well-known cause but in fact, grief occurs when an attachment is broken. There are six types of grief-triggering losses:

1. Loss of a relationship: for example, the death of a loved one or a child moving away to college.
2. Material loss: for example, the loss of a home.
3. Functional loss: temporary or permanent loss of cognitive or physical functions.
4. Loss of Role: for example, a CEO that retires and is no longer "the CEO."
5. Intrapsychic loss: represents the loss of a dream. For example, a failed business or a failed marriage.
6. Systematic loss: this is the loss of faith in an entire system.

In addition to the different grief-triggering losses, people mourn in two different ways. There are instrumental grievers and intuitive grievers. Instrumental grievers are more analytic and tend to take action. Intuitive grievers are more in tune with their feelings and need to tell their story over and over again to heal. We are all somewhere between these two types.

Grief is more common than we think and sometimes hard to recognize.

## **2. The "fog of grief" is real.**

When someone is mourning, their brain gets flooded with cortisol resulting in concentration issues and difficulties remembering. The brain goes

into "survival mode." To help a mourner remember an upcoming appointment for example, encourage them to write the date and time themselves.

Remember to be patient with the mourner as she will have difficulties processing information.

**3. Towards the end of my class, the grief expert said something that will stick with me forever. She said that your job is not to cheer your loved one up, but it is to be there for them and to listen to them.**

During the session, we reviewed several phrases to avoid saying to someone grieving. Two of them were "at least..." and "You should be grateful that...". All mourners have things for which they are grateful and at the same time, things that make them sad. For example, I am happy that my friend is no longer suffering but sad that I won't hear her laugh anymore. When focusing on the "happy" side of the equation, the griever may feel that you are trying to minimize her pain and ultimately, she may feel misunderstood.

In summary, the three pieces of information I share with you are that grief is more common than we think, "the fog of grief" exists, and that our role is not to cheer our loved ones up when they go through the toughest times of their lives but to be supportive and to listen.

*Inspired Financial is a fee-only comprehensive financial planning firm that specializes in serving women in transition—particularly widows and divorcees. This article is intended solely for informational purposes and does not provide advice for your specific situation.*

# HHPC: Islanders

by Cristi Ulrich



Boat Parade Grand Marshal Larry Gottlieb and Sheri Schuster bringing attention to the Boat Parade and Cruise of Lights during the 4th of July Parade.



Mayor Pro Tem Lyn Semeta hitchin' a ride in an antique car during the parade.

Well, we may be officially on down time over the summer, but our Islanders are forever busy supporting the Philharmonic and our lovely home of Huntington Beach. Pam and Calvin Free joined the 4th of July Parade on PCH/Main St. as honorary guests. Pam has been an active Islander, serving in so many roles and has generously supported our Music Programs


since 1991. Her Husband Calvin was a past Mr. Huntington Beach and Owner of the Beef Palace which also supports many charity events all over Huntington Beach. We like to call these two, "Mr. and Mrs. HB America!!" We love that our newest Grand Marshal Larry Gottlieb and Sheri Schuster were in the parade garnering support for our 2019 Boat Parade/Cruise

of Lights. Finally, our very own and Magnificent Lyn Semeta, Mayor Pro Tem, rides in the 4th of July Huntington Beach Parade in a Surf City convertible antique car. Thank you Islanders for all your hard work in the summer and all year long, we look forward to reconvening in September and to a kick off event in August.

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# HHPC: Admiralty

by Grace Holdaway



L to R: Bett Walton and Mim Strickler enjoying *The summer evening*.



L to R: Grace Holdaway, Rita Collins, Ellen Goodwin, Millie Dempsey, Janet Johnson .

What a fabulous start of our summer! Michelle Brenner opened her beautiful home for our “Summer Cocktail Party” for friends and family. The food was hearty Hors d’oeuvres provided by members, with a fully hosted bar. The party was well attended by 40 members and friends and the weather was very cooperative enhancing the evening on the water. The party planning committee was Anne Crowley, Ellie Winterfeld and Eve Jordan. Thank you so much from all of us

for always stepping up and taking care of all those details that are needed.

If you watched the July 4th Parade in Huntington Beach you would have seen our Music Mobile taking part. This is the mobile that goes to the grade schools and volunteers give an on-site presentation of the different types of instruments used in an orchestra. Many children have never seen an instrument up close. This is just one more way of volunteering to bring music to our children.

Admiralty will be having an event in August, the “Admiralty Summer Social”, and again our lovely Michelle Brenner will make her home available.

If you are interested in meeting and making great friends in addition to supporting the O.C. Philharmonic music programs for our children in Orange County, please contact our Membership Chair: Grace Holdaway, (562) 493-3049. We would love to welcome you in August to the Social.

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# HHPC: Marina/Windjammer

by Lara Anderson

I hope everyone is enjoying some summer fun! Our Hospitality Chair Linda Halopoff has been busy organizing our summer party on August 10th at Donna Shaffer's waterfront home. We look forward to getting to know our newest members Jan Marshall-Compagnari and Sally Philips.

Volunteering with us is fun too! One of the more plum assignments, if you enjoy daytime concerts, is serving as an usher for the youth concerts. School children are bussed to various venues to experience a musical performance and frequently for most kids, it's the very first time they are seeing orchestral instruments played live.

Marina/Windjammers usher like nobody's business. Under our fearless leader, Ushering Chair Carlone Herman, our team of volunteers in blue shirts get those kids from the busses, to their seats, assist the teachers and chaperones in keeping them contained, and then get them back out to the busses in an orderly fashion after the concert ends.

Retired teachers have proven to be exceptionally good at ushering. It's like putting a duck back in the water. They're professionals at "shushing" and masters of kid-crowd control, which comes back to them like riding a bike. Pearl Holmes, one of our more shall we say, "established" members, (she makes being 90+ look good!), transforms into Super Usher when she gets to the venue and the rest of us just try to keep up with her!

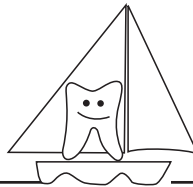
Ushering is a great way to see concerts at no cost and check out the concert halls in the area. Volunteers typically carpool, so you don't even have to drive if you don't want to. There's no minimum requirement for how many concerts you need to work, you can sign up to do one, or as many as your schedule allows.

Our regular meetings will resume in September. Meetings are held in the morning on the third Thursday of each month, followed by lunch at the host member's home and often feature a musical presentation or special guest speaker.

If you are new to Huntington Harbour, or have been around a while and are looking for something new to do, we'd love to meet you! To learn more about volunteering with us, becoming a Marina/Windjammer or to check out the food, fun and friends at our next meeting, contact our Membership Chair Pat Decou at (714) 892-1344 or by email at dukedecou@yahoo.com.



*Marina/Windjammer ushers at Soka University working a 5th grade concert: L to R starting with front row: Carlone Herman, Lani Martin, Linda Shaul, Barbara Sentell, Kelly Haynes, Pamela Barthold, Elise Masseling, Lisa Weller, Roberta Swain, Joanne Fernbach, Maggie Van Eck, Sally Philips, and Todd Swain.*



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# HHPC: Sandpipers

by Cindy Broz Allen and Susan Lipman



Attic Treasures HHPC volunteers, standing L to R: Patty Taylor, Lolly McHardy and Susan Lipman. Seated is Roberta Spiegel and Linda Axel.



Sandpipers at the March 21st meeting hosted by Deborah Fairon.

Sandpiper Co-President, Susan Lipman, co-chaired the Attic Treasures fundraiser on May 4th in the Huntington Harbour Mall's parking lot. This event is possible thanks to the hundreds of donated items from Huntington Harbour residents and the members of the HH Philharmonic, including the Sandpipers. Pricing of items spans about two months leading up to the big event. HHPC Office Manager/Member-at-Large, Madeline Fields, was a great help in supporting this event. Sandpiper Patty Taylor helped to underwrite the cost of the tables used to place the "treasures" that were for sale. Co-President Lolly McHardy and her husband, Mike, were among the super early birds that arrived at 5:00 a.m. to help unpack the boxes. Helene Rowlette, Patty Taylor, Susan Lipman and Lolly McHardy, along with other Sandpipers stayed busy all-day helping customers and working with other volunteers from the HHPC to make sure that the fundraiser was a big success in raising money for Music in the schools.

This year's Philharmonic House of Design was in the guarded coastal community of Monarch Point, atop the bluff of Laguna Niguel mountain and offering panoramic ocean views. Interior designers from across Southern California created their magic and visitors were in awe as they toured the house and the outside areas with its magnificent view. Sandpiper's happily volunteered to document. The proceeds benefit the Philharmonic Society Youth Music Education Programs.

HHPC has partnered with the Huntington Harbour Property Owners Association (HHPOA) to host the annual Concert in the Park on August 11th. Our Lolly McHardy, who is the Chair for this event, and other Sandpipers will be talking about the music programs for the kids at the HHPC membership table. The Music Mobile will be there too!

The first Sandpiper General meeting of the 2019-2020 year will be held on Thursday, September 19th.

If you would like to join us, please call our Membership Chair Heather Sullivan at (714) 272-2195 or email [h.sullivan@dreamvacations.com](mailto:h.sullivan@dreamvacations.com) for more information about the Sandpipers.

## SUNSET AQUATIC

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# HHPC: Trinidad

by Tharice Opalewski



Top, L to R: Gail Weis, Nancy McDevitt, Linda Cohen, Bea Swanson, Deborah Fairon, Pam Myers, Elizabeth Larripa, Dee Holte, Roni Fell - Bottom: Ellen Martin, Linda Axel and Tricia Pratto.



L to R: Linda Axel, Churee Kakimoto and Tricia Pratto.

It's a wrap and what a great month to end our season as we celebrate Independence Day and the many freedoms we have come to know and love as Americans! Trinidad will be participating in the Huntington Beach 4th of July Parade followed by lots of family, friends and holiday festivities.

In April, Trinidad celebrated our installation at the picturesque Bahia Corinthian Yacht Club where we dined on a light, yet delicious, luncheon faire of salad, stuffed chicken breast and of course an assortment of decadent deserts. Thanks goes to the following ladies for their time and dedication to serving the many facets of the HHPC: Gail Weis, Nancy McDevitt, Linda Cohen, Bea Swanson, Deborah Fairon, Pam Myers, Elizabeth Larripa, Dee Holte, Roni Fell, Tharice Opalewski, Ellen Martin, Linda Axel and Tricia Pratto.

Some very notable accomplishments this year celebrating 25 years with HHPC/Trinidad was Ellen Martin and Dianne Rector, congratulations ladies, nice accomplishment and a sincere thanks for all you have done for the HHPC and especially as members of the Trinidad Team! Both were awarded with a beautiful tenure pin. In addition, we sadly say aloha to the vibrant Churee Kakimoto whom, after 41 years, is moving to Hawaii. She was presented with a colorful bouquet of spring flowers in appreciation for her 41 years of service. During her mainland visits she has promised to stop in on Trinidad and offer any needed support. Churee your support and contributions will never be forgotten, thanks for all you did for HHPC/Trinidad.

Our MVP or more commonly known as "Volunteer of the Year" for the 2018/2019 term goes to Ellen Martin for her outstanding contributions and

support across the board to HHPC/Trinidad. Well deserved Ellen you truly went the extra mile in all that you did!

We also, celebrated our incoming board for the 2019/2020 year: Gail Weis, Nancy McDevitt, Pam Myers, Linda Cohen, Deborah Fairon, Dee Holte, Elizabeth Larripa, Bea Swanson, Ellen Martin and Tharice Opalewski, Tricia Pratto, Linda Axel and Dianne Rector. Congratulations and thanks for volunteering to serve as board members in our upcoming season. I know you will all give 110%!

Even though we are closing the 2018/2019 season and as you venture out to celebrate warm summer nights with family and friends remember if you are interested in joining the HHPC/Trinidad team please contact Ellen Martin at [elleninhuntington@yahoo.com](mailto:elleninhuntington@yahoo.com) for more information and membership details. We would love to have you a part of family and team. Have a fabulous summer and please join us for another season of fund raising that supports music in our schools, see you in September!

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# Holiday Boutique



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*and*

**Saturday, October 19, 2018**  
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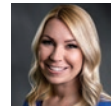
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